#### https://doi.org/10.48047/AFJBS.6.14.2024.9533-9546



# Use of Computer-Aided Drug Design in The Discovery of New Medicines for Neurodegenerative Disorders

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Abstract

Volume 6, Issue 14, Aug 2024

Received: 15 June 2024

Accepted: 25 July 2024

Published: 15 Aug 2024

doi: 10.48047/AFJBS.6.14.2024.9533-9546

Serious neurodegenerative illnesses (NDs) such as Huntington's, amyotrophic lateral sclerosis, Parkinson's disease, and Alzheimer's affect a substantial number of people worldwide. Finding a solution to this unmet clinical need is one of the critically important worldwide exploration missions. The use of computer-aided drug design (CADD) techniques reduces the time, effort, and price needed to produce new prescriptions by limiting the enormous number of ligands that could be evaluated analytically. Developments in subatomic design representation, computer science, and atomic physics have all contributed to the creation of new medications that can ward off neurodegenerative diseases. The drug discovery process has thus become more reliant on computer aided drug design, or CADD. It is in this investigation that the rational CADD evaluations of the optional metabolites are concealed. Subatomic docking studies with three compoundsmonoamine oxidase, butyryl cholinesterase, and acetylcholinesterase-have focused on synthetic xanthones, alkaloids, and flavonoids as inhibitory ligands. Also, we have used a small dataset of 300 Apocynaceae alkaloids from an internal database to identify structures that could have inhibitory action against human Throb using structure-based virtual screening (docking) that is related to ligand-based virtual screening (using Irregular Timberland). Based on the results of this computer-aided drug design study, researchers have identified a small number of alkaloids that show promise as potential treatments for neurological diseases such as Alzheimer's and Parkinson's.

Keywords: Medicines, Neurodegenerative Disorders, Computer aided drug design, Volsurf Descriptors, Docking.

#### I. Introduction:

New and more advanced treatments for mental disorders, which include neurological and psychiatric issues, are desperately needed in medicine. For conditions like Parkinson's and Alzheimer's, the only treatments that are now accessible are those that lessen the symptoms. When some disorders worsen, the efficacy of current treatments decreases until it is no longer enough to control them. There are a lot of therapy options for dysfunctional behaviours like schizophrenia, but they all come with a risk of adverse drug reactions that might have a negative impact on a patient's physical health owing to cardiometabolic disorder. Neither a cure nor a remedy exists for some neurological conditions, such as brain wounds. As a result, developing medications to halt or prevent neuronal passing and the resulting shortages is crucial and critical [1].

The drug disclosure process is fraught with the biggest disappointment rates when it comes to finding new medications for dysfunctional behaviours. In stage II and III clinical preliminary trials, 85 percent of mixes failed. As a result, developing improved medications for the central nervous system is a very expensive endeavour; in 2019, the cost of bringing a cure to market could reach \$2 billion. This is because, throughout the preliminary stages of the process, they tend to waver. It is goal to use computer-aided drug design (CADD) techniques to ensure that original disclosure endeavours have the most grounded conceivable premise [2]. Due to their reduced time and effort required compared to conventional drug design and research centre testing, these developments are now considered standard practice in the early stages of drug enhancement and an attractive starting point for future projects. As a result, CADD can reduce the high associated expenses and shorten the time it takes to get from the first evaluation to making a drug available to the public [3].

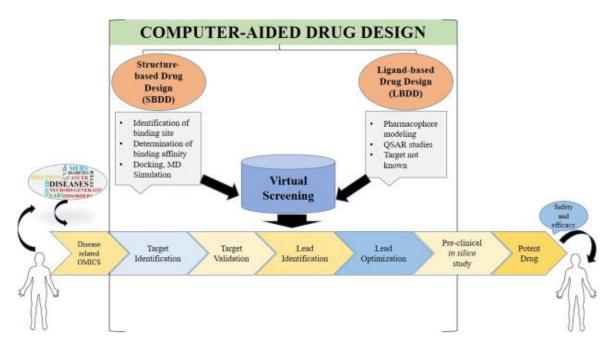
As a rule, there are two sorts of CADD methods: structure-based and ligand-based Ligand-put together strategies work with respect to the premise of the possibility that a drug's substance structure and organic movement are associated. Hence, given a bunch of known dynamic and latent ligands, primary action connections (SARs) can be made and used to conjecture better than ever particles. The portrayal of compound design is the primary hindrance to the advancement of ligand-based prescriptions. Contingent upon the degree of intricacy, either 2D or 3D descriptors can be utilized to accomplish this. Utilizing structure-based drug design approaches requires a comprehension of the natural objective's three-layered structure. This gives knowledge into the limiting site's design, which may then be used to evaluate whether a ligand would make a decent lead particle in light of the limiting site's cooperation's. Both ligand-and design-based techniques utilize integrity of fit for little atoms to figure out which mixtures would be best for additional examination. Since particles are positioned by highlights like comparability, associations with explicit synthetic properties, or restricting energy, they are great for beginning phases of drug revelation [4]. While every one of these procedures will be talked about independently, it's vital to remember that they habitually supplement each other to yield more precise outcomes and diminish

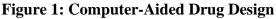
the computational weight on enormous substance libraries that are being screened. A definitive outcome is a correlative way to deal with novel compound substances.

# i. CADD:

To narrow down potential compounds prior to laboratory testing, computer-aided drug design makes use of computational tools and computations. Displaying the links between medications and their natural targets, predicting their qualities, including the limiting liking, designing underlying adjustments, and much more can all be part of the inquiry [5]. With this combination, experts can zero in on the optimal combinations for testing, movement, and union. Advantages of computer-assisted drug disclosure include:

- A better chance of succeeding in further developing drug appropriateness
- A faster and more effective drug design process
- Lowering the price of the trial





# ii. CADD based Applications:

## Drug Design Based on Structure

The computer-aided drug design group at Charles Stream provides a plethora of tools for developing and improving novel mixes by making full use of all the available underlying data of the target [6]. In addition to the standard docking, our list of state-of-the-art replicas includes subatomic elements (MD), free energy irritation, quantum mechanical estimates, and water network analysis. The ligand-target complex can be studied at many levels with these tools, and

maybe even beyond the static representation of X-ray structures, which usually only show one "preview" of a very complex and mobile framework [7].

## Building Drugs from Ligands

When exploratory or computational approaches fail to guarantee an objective's construction, the computer-aided drug design department can assist projects by utilising a wide range of ligand-based strategies. Included in this category are technologies that display pharmacophores, look at proximity in 2D and 3D, go from platform to platform, count libraries, and utilise artificial intelligence to create novel combinations with the help of in-house devices [8]. This group of resources allows for the efficient exploration of a larger synthetic area, starting with the determination of dynamic hits using unique and current device.

## > Electronic Drug Disclosure via Virtual Evaluation

From time to time, the results of our virtual screenings provide the quick and astute distinguishing evidence of great starting points for hit-to-lead research. In order to identify a number of particles for biochemical screening, researchers in computer-aided drug design and restorative science use the appropriate computational strategies pertaining to internal and external compound assortments, given at least one mixture with demonstrated movement or possibly an X-ray construction of the target [9].

## Enzyme Displaying

The examination of testing foci with limited or insufficient underlying data is what our assets take into account. Whether it's the age of full-length structures or the demonstration of adaptable circles, our methodologies ensure the age of solid models, authorised using best-in-class computational techniques, including atomic elements (MD).

# > Robots and Foresightful Displaying

Utilising the wealth of trial data generated on particles throughout the disclosure cycle is of the utmost importance. Utilising publicly available trial data, the computer-aided drug design team develops numerical models for developing synthetic formulations with respect to particular qualities, such as natural mobility. These QSAR models can be used predictively on new combinations before focusing on expensive trial studies; they rely on diverse approaches, including artificial reasoning (AI).

## > Information Emergency and High-throughput Screening

In order to provide CADD support to HTS campaigns, Charles Stream's CADD in restorative science group collaborates closely with our HTS group. Selecting subsets of compounds for screening is a part of this process, which can be carried out at the compound or plate level using

various computational methodologies in conjunction with our extensive in-house compound libraries. In addition, the computer-aided drug design group uses a variety of cheminformatics and perception devices to assist with information emergency once the screen is finished. To improve SAR and uncover new platforms, we can also use our limited hit development tool compartment to identify additional screening mixes [10].

## II. Neurodegenerative diseases (NDs):

Huntington's disease (HD), Amyotrophic Lateral Sclerosis (ALS), Alzheimer's disease (Promotion), and Parkinson's disease (PD) are examples of neurodegenerative diseases (NDs). Compelling treatments are desperately required for these diseases because of their changed pathophysiology's, however they must be created with an intensive understanding of every disease's fundamental causes and mechanisms. The disorders listed beneath are momentarily described, alongside possible remedial targets for each.

## i. Huntington's Disease (HD):

Huntington's disease (HD) is a severe hereditary neurodegenerative condition primarily affecting medium spiny neurons (MSNs) in the striatum, leading to progressive deterioration of mental and physical abilities. In India, around 6,000 out of approximately 30,000 individuals are diagnosed with HD. The disease is caused by an expanded CAG trinucleotide repeat in the HTT gene, resulting in an elongated polyglutamine segment in the Huntingtin protein, which is widely expressed in the brain [11]. Abnormal Huntingtin protein accumulates, but how this specifically triggers selective degeneration of striatal MSNs remains unclear. Currently, there are no treatments available that can alter the disease's progression or provide a cure.

A primary therapeutic goal for HD is to reduce abnormal HTT levels. In recent research involving HD patients, the antisense oligonucleotide (ASO) IONIS-HTTRx (Tominersen) demonstrated dose-dependent reduction of mutant HTT in cerebrospinal fluid (CSF) following intrathecal administration [12]. This promising result led to the initiation of a Phase III trial for Tominersen. However, Roche announced in March 2021 that they were discontinuing the Phase III trial for Tominersen in manifest HD patients, despite these encouraging findings. Nevertheless, these data underscore the potential of ASOs as a viable therapeutic strategy to lower harmful protein levels in neurodegenerative diseases. The precise impact of ASOs on different regions of the central nervous system remains to be fully elucidated [13].

# ii. Amyotrophic Lateral Sclerosis (ALS):

This fatal disease is characterized by progressive muscle weakness, ultimately leading to paralysis. Neurons in the brainstem, spinal cord, and motor cortex, which control voluntary muscles, degenerate, causing this disorder. Annually, at least 4,500 people in India are diagnosed with amyotrophic lateral sclerosis (ALS). In total, over 30,000 individuals in India have been affected

by ALS. The exact cause of ALS remains unknown. Currently, the only two drugs approved for ALS treatment are daravone, which acts through an unknown mechanism, and riluzole, a glutamate antagonist.

#### iii. Alzheimer's Disease:

This neurodegenerative disorder is chronic, persistent, and progressively worsens over time. Rapid deterioration in cognitive capacity and a generalised weakening of the brain are the hallmark signs. Degeneration of the brain's neural connections (neurons and synapses) leads to the fatal disease. Predictions show that the number of Americans 65 and above with experience with Promotion will increase from a projected 4.7 million in 2010 to 13.8 million in 2050. There were 815,827 people in India who were expected to have dementia in 2013, with 62% of those cases being related to promotion. Nearly 70% of care office residents in India are living with dementia, and the condition affects more than 42,000 people younger than 65.

Alzheimer's disease (AD) is characterized by two main hallmarks: amyloid plaques composed primarily of amyloid- $\beta$  (A $\beta$ ) peptides derived from the amyloid precursor protein (APP), and neurofibrillary tangles (NFTs) consisting of intracellular aggregates of phosphorylated tau protein. Despite amyloid deposits typically preceding NFTs, the burden of amyloid is not strongly correlated with disease progression, unlike tau pathology. The mechanisms by which A<sup>β</sup> plaques and NFTs contribute to neurodegeneration are still not fully understood. Genetic factors play a significant role in AD. Variants of presenilin 1 (PSEN1) and presenilin 2 (PSEN2), components of the  $\gamma$ -secretase complex involved in amyloid production, as well as variations in the APP gene itself, are linked to AD risk. The most prominent genetic risk factor not directly related to amyloid is the APOE gene, which codes for an apolipoprotein involved in neuronal cholesterol transport and cognitive function. Additionally, numerous other genes associated with endocytosis, neuroinflammation, and cholesterol metabolism contribute to the complex genetic landscape of AD. Recent research on the glymphatic system, which facilitates waste clearance in the brain, suggests that impaired clearance of A $\beta$  and tau may contribute to their accumulation in AD [14]. The glymphatic system's efficiency, particularly during sleep, appears crucial in this context, with the water channel protein AQP4 (aquaporin-4) playing a significant role. Modulators of AQP4 that enhance fluid flow across membranes or affect its regulatory mechanisms rather than blocking pores may offer new avenues for early intervention in AD and other protein-misfolding disorders. However, specific drugs targeting AQP4 have yet to be developed.

## iv. Parkinson's Disease (PD):

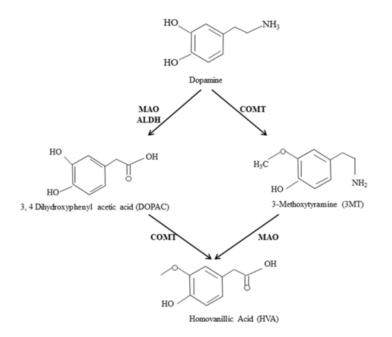
The prevalence of neurodegenerative diseases is staggering, with Parkinson's disease (PD) ranking second. Muscle rigidity, tremors, and postural asymmetry are among the signs. More than 145,000 people in India were impacted by PD in 2019. It is projected that 60,000 people in India will receive a PD diagnosis year, with an estimated 1,000,000 people living with PD by 2020 [15]. The characteristic features of Parkinson's disease (PD) include Lewy bodies, which are aggregation of

the protein  $\alpha$ -synuclein within cells, and the gradual death of dopaminergic neurons, which begins in the substantia nigra pars compacta. Lewy bodies may or may not produce neurotoxicity, and the exact mechanism by which is unclear.

# III. Research Methodology:

## i. Data Set:

From the ChEMBL database, we selected a diverse set of three thousand structures that had been examined in vitro for their capacity to inhibit the human acetylcholinesterase isoform. By sorting the compounds according to their -logIC50 (pIC50) values, 1200 were classified as active (pIC50  $\geq$  6) and 1800 as inactive (pIC50 < 6). The IC50 is the predicted molar concentration that will reduce the activity of human acetylcholinesterase by half. Among the 300 alkaloids belonging to the Apocynaceae family that were retrieved from an internal database, the structure, corresponding species, genus, clan, and family from which the compound was obtained were unquestionably retained. Therefore, 800 herbal occurrences were sent, which demonstrate the frequency of a component in different species. All structures in Marvin 14.9.1.0 used SMILES code as their info information. The Standardizer program, JChem 14.9.1.0, was used to clean the three-dimensional atomic graphs. The structural process makes use of a new and better version of the Deriding force field.



**Figure 2: Dopamine degradation** 

## ii. Docking:

In this study, molecular docking simulations were conducted using Molegro Virtual Docker v. 6.0.1 (MVD) to investigate the interactions of several compounds with their respective protein

targets. The protein structures bound to huperzine A, (-)-galantamine, donepezil, dihydrotanshinone I, territrem B were obtained from the Protein Data Bank (PDB IDs 4EY5, 4EY6, 4EY7, 4M0E, and 3M0F, respectively). Prior to docking, water molecules were removed from the protein structures to optimize the simulations. Docking was performed using the Moldock method, which involves defining a docking grid encompassing the ligand-binding sites within the protein structures. The Moldock scoring function [GRID] was employed to evaluate and rank the binding affinities of the compounds. This approach allowed for the exploration of potential interactions between the compounds and their respective protein targets, providing insights into their binding modes and potential therapeutic implications in drug discovery research.

## iii. Models:

The Models Knime 2.10.0 programme was used to accomplish all of the following studies. The data was divided into two sets—one for preparation and the other for testing—representing 80% and 20% of all chemicals, respectively. This was accomplished by utilising the "Apportioning" hub and selecting "stratified sample," along with the descriptors and class variables that were imported from the Volsurf+ programme v. 1.0.7. Despite the random selection of these compounds, the two sets maintained the same level of dormant and dynamic samples. For the interior approval, we utilised cross-approval with ten stratified groups that were selected at random. The distribution was maintained in both the approval groups and the preparation set using the movement class variable. In building the model, the Arbitrary Forest (RF) computation, the WEKA nodes, and the preparatory data were utilised. One hundred trees were to be built, and the seed of the arbitrary number generator was set to one.

To analyse the internal and external performances of the selected models, we employed sensitivity (the real positive rate, also known as dynamic rate), specificity (the real negative rate, also known as inert rate), and accuracy (full consistency). While precision is important, the real presentation is best shown by the sensitivity and specificity of the Collector Working Characteristic (ROC) curve. The ROC curve realistically plots the true positive rate versus the false positive rate, or sensitivity versus (1 - specificity). If the dependent variable cannot be in either of the two categories, or if there is no difference between the two distributions (the ROC curve will cover the whole area), then the region will be half in a two-class classification. When the two sets of numbers are completely dissimilar, as in "the distributions don't cover," the area under the ROC curve is 1.

## iv. Volsurf Descriptors:

The Volsurf+ programme, version 1.0.7, was used to construct three-dimensional (3D) structural descriptors in this study. These descriptions are based on results from four separate tests: the hydrophobic test (DRY), the water test (OH2), the carbonyl oxygen-hydrogen bond acceptor test (O), and the amide nitrogen-hydrogen bond donor test (N1). Molecular interaction fields (MIF) were not a source for any of the 130 distinct descriptors that were generated. In the past, researchers have used Volsurf descriptors to evaluate flavonoid compound activity and forecast the inhibitory

effects of natural compounds against enzymes linked to neglected protozoa illnesses. To better understand molecular interactions and their possible therapeutic uses in drug development, this method makes use of the comprehensive 3D structural data offered by Volsurf descriptors.

## IV. Data Analysis:

In addition to the dependent variable (paired classification), which shows if the particle is dynamic (A) or latent (I), Knime software v. 2.10.0 used the 130 descriptors provided by Volsurf v 1.0.7 as additional information. After about 45 minutes of processing on an i7 CPU operating at 3.4GHz with 12 GB of Smash memory, Volsurf+ generated 130 descriptors for each of the 3,600 substances comprising the preparation informative indexes.

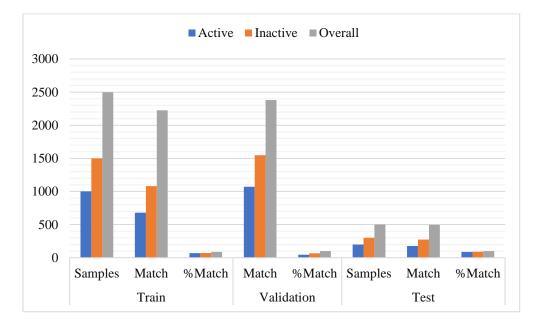
The table 1 shows Arbitrary Woods (RF) model execution measurements for Planning, Cross-Endorsement, and Test datasets. These estimations show how successfully the model predicts dynamic or idle substance movement. In the Arrangement Set, reasonable the preparation information, the RF model precisely recognized 68% of dynamic synthetics and 72% of latent mixtures. The model was 89% precise for dynamic and dormant synthetic compounds in this bunch. With high rates of right expectations for both compound classes during preparing, the RF model performed well. The Cross-Endorsement Set, an approval or confirmation dataset, shows a drop in RF model exactness contrasted with the Planning Set. Just 45 out of 1071 dynamic mixtures (4.2%) and 1000 out of 1547 dormant mixtures (64.6%) were effectively recognized. The model battled more to anticipate dynamic synthetic compounds in this approval circumstance than in preparing, as shown by the 43.9% match rate. In the Test Set, which adds one more layer of assessment, the RF model performed well with 89% exactness for dynamic mixtures and 91% precision for idle mixtures. This high precision demonstrates the way that the model could expect inconspicuous information, demonstrating its ability to distinguish dynamic and inert atoms.

The table 2 shows numerous descriptors and their Mean Lessening Precision and Gini values. These metrics are essential for assessing each descriptor's model influence. Starting with "LgS3," its Mean Lessening Precision is 6.80 and Gini is 8.91. These statistics show that "LgS3" reduces forecast precision by 6.80 units on average. It also affects the Gini index, a measure of statistical dispersion, by 8.91 units in the model. This shows that "LgS3" may somewhat reduce precision but moderately affect expected value distribution. On "CD3," the Mean Lessening Precision is 6.85 and the Gini is 8.78. Like "LgS3," "CD3" reduces accuracy by 6.85 units and Gini index by 8.78 units. These figures suggest that "CD3" contributes to the model's predicted accuracy and distribution, with results similar to "LgS3." Next, "FLEX\_RB" has a high Mean Lessening Precision of 8.37 and Gini of 16.45. These values show that "FLEX\_RB" reduces precision and increases Gini index variability more than "LgS3" and "CD3." This characteristic greatly affects model prediction accuracy and dispersion. The descriptor "CW6" has a 6.24 Mean Lessening Precision and a remarkable 20.15 Gini. This shows that "CW6" significantly reduces prediction precision and increases Gini index variability. "FLEX" and "%FU4" have Mean Lessening

Precision of 9.98 and 5.27 and Gini values of 42.3 and 24.52. The descriptor "FLEX" has a greater impact on accuracy and Gini index than "%FU4".

| Table 1: Summary of preparing, inside cross approval, test, and RF match results for 3000 |
|---|
| compounds, 2500 in preparing and 500 in test.   |

|          | Preparation |       |    | Cross-Approval |     | Test        |       |    |
|----------|-------------|-------|----|----------------|-----|-------------|-------|----|
|          | Samples     | Match | %  | Match          | %   | Sample<br>s | Match | %  |
| Active   | 1000        | 680   | 68 | 1071           | 45  | 200         | 178   | 89 |
| Inactive | 1500        | 1080  | 72 | 1547           | 65  | 300         | 273   | 91 |
| Overall  | 2500        | 2225  | 89 | 2380           | 100 | 500         | 495   | 99 |



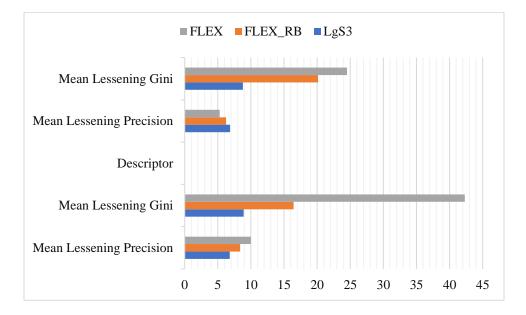
# Figure 3: Summary of preparing, inside cross approval, test, and RF match results for 3000 compounds, 2500 in preparing and 500 in test.

Table 2. Precision and gini are diminished by descriptors with a higher mean

| Descriptor | Mean      | Mean      | Descriptor | Mean      | Mean      |
|------------|-----------|-----------|------------|-----------|-----------|
|            | Lessening | Lessening |            | Lessening | Lessening |
|            | Precision | Gini      |            | Precision | Gini      |
|            |           |           |            |           |           |

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| LgS3    | 6.80 | 8.91  | CD3  | 6.85 | 8.78  |
|---------|------|-------|------|------|-------|
| FLEX_RB | 8.37 | 16.45 | CW6  | 6.24 | 20.15 |
| FLEX    | 9.98 | 42.3  | %FU4 | 5.27 | 24.52 |



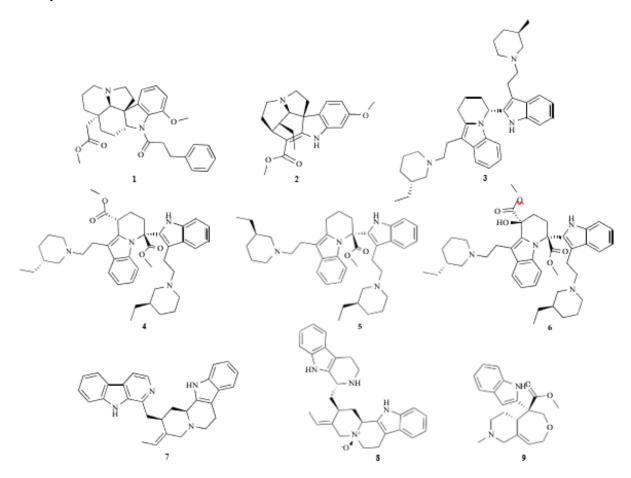
## Figure 4: Precision and gini are diminished by descriptors with a higher mean

From the 300 structures in the dataset, nine alkaloids were selected utilising the virtual screening procedure. A couple of salient physicochemical characteristics of the nine chosen alkaloids are as follows:

- Blood-Cerebrum Obstruction porosity: Compounds 1–5, 7, and 9 showed logBB values greater than 0.26, however the Volsurf software only provided a model that presumes passive penetration. Considerable BBB saturation is shown by readings that are greater than zero.
- 2. Usambarensine, or compound 7, showed a logBB value greater than 0.4 and a logP value lower than five. The virtual screening relies on a model created using trial data of the molar focus estimated to inhibit human acetylcholinesterase by half, and this is why the docking procedure is so important. Consequently, the joined use of these two methods forecasts the catalyst's possible movement as well as its pharmacokinetic characteristics; nevertheless, it ignores physicochemical characteristics like discharge, distribution, metabolism, and absorption (ADME). Studies on the pharmacokinetics of substances having strong natural activity are directed. Because of this, we used VS to figure the logBB and logP for the chosen compounds.

#### i. Considerations:

To find novel medicines for neurodegenerative sicknesses like sorrow, gentle mental hindrance (MCI), Alzheimer's illness, frontotemporal dementia, amyotrophic horizontal sclerosis (ALS), Parkinson's sickness, Huntington's infection, and others, we analyzed CADD studies including auxiliary metabolites in this review.



# Figure 5: The nine alkaloids that were picked as Throb inhibitors by virtual screening utilizing ligand and construction-based models

We list the essential pathologies that underlie these diseases and, thus, the exploration needs:

- The weakening of the cholinergic framework is described by a drop-in acetylcholine levels and a diminishing in the action of the protein's acetylcholinesterase and acetylcholine transferase.
- Development of amyloid-beta ( $\beta$ ) peptides, which brings about dementia.
- The oxidative mischief welcomed on by ROS, including extremists like hydrogen peroxide and super-oxide anion.
- An irregularity in catecholamines.

Sub-atomic docking is generally utilized in CADD examinations. To decrease synapse lopsided characteristics and irritation, flavonoids, alkaloids, and xanthones are by and large concentrated as likely inhibitors of the accompanying catalysts: COX, Hurt, BChE, MAO-A, and MAO-B. Beta (1-42) peptides and alkaloid buildings together forestall conglomeration also. Relative homology demonstrating has been utilized in late examinations to direct the created complex towards viability and solidness.

Nine mixtures were browsed a little dataset of 300 alkaloids having a place with the Apocynaceae family, with the comparing species data as portrayed in the writing where the mixtures were separated. Our computations consolidated the design based Versus and ligand-based Versus techniques. These designs give an interesting stage to future exploration on human acetylcholinesterase hindrance, as well as endeavors to find novel and successful medicines for neurological circumstances including Parkinson's and Alzheimer's.

## V. Conclusion:

The advancement of novel prescriptions for neurodegenerative sicknesses has benefited enormously from the use of computer-aided drug design (CADD) strategies. By decreasing the quantity of ligands that should be evaluated in organic examinations, CADD abbreviates the time, cost, and exertion expected to deliver creative drugs. Advancements in sub-atomic science, computer science, and sub-atomic design portrayal have reinforced the use of CADD in drug disclosure. Specifically, this study takes a gander at optional metabolites such xanthones, alkaloids, and flavonoids as potential inhibitors of the proteins connected to neurodegenerative diseases. Numerous alkaloids were viewed as promising possibility for extra concentrate in the treatment of neurological sicknesses like Alzheimer's and Parkinson's disease using structurebased virtual screening and ligand-based virtual screening. In light of everything, CADD has shown guarantee as a strategy for tracking down clever prescriptions for neurodegenerative diseases.

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