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Studies on development of Syrup blending with guava (*Psidium gujava* L.), wood apple (*Feronia limonia* L.) and ginger (*Zingiber officinale* Rosc.)

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Abstract

The present investigation was carried out at Post Graduate Laboratory, Department of Fruit Science and Department of Post-Harvest Technology, College of Horticulture & Forestry, Acharya Narendra Deva University of Agriculture and Technology, Kumarganj, Ayodhya-224229, U.P. India during 2022-2023. Guava (*Psidium gujava* L.), wood apple (*Feronia limonia* L.), and ginger (*Zingiber officinale* Rosc.) which have nutritional, medicinal and therapeutic values were blended in different ratios viz., 100:0:0 (T₁), 0:100:0 (T₂), 0:0:100 (T₃), 33.33:33.33:33.33 (T₄), 40:30:30 (T₅), 50:25:25 (T₆), 60:20:20 (T₇), 70:15:15 (T₈), 80:10:10 (T₉), and 90:5:5 (T₁₀) to get the best blend combination for the preparation of Syrup. The blend comparing 60% guava pulp, 20% wood apple, and 20% ginger juice was found to be best over other treatments for the preparation of palatable quality Syrup. The 25% of best blend with 70% Total soluble solids, 1.5% acidity was used to prepare Syrup for storage study. During the storage TSS, acidity, reducing sugars, total sugars and browning increased whereas, ascorbic acid (vitamin-C), non-reducing sugar, pH and organoleptic quality decreased with the advancement of storage period whereas microbial growth initially increased then decreased during the period. The Syrup was organoleptically acceptable upto 5 months of storage in case of both ambient and low temperatures.

Keywords: Syrup, Guava, Wood apple, Ginger, Blend beverage, Ambient and Low temperatures storage, Organoleptic quality

Introduction

Beverages are vital for human consumption, serving not only to satisfy thirst but also for various other purposes. They can be classified into two main categories: non-alcoholic and alcoholic. Non-alcoholic beverages encompass nectar, ready-to-drink (RTS) beverages, cordials, squashes, crushes, syrups, and naturally sweetened juices, all of which contain no alcohol. Conversely, alcoholic beverages are produced through the fermentation of sugar-rich substances. Fruit juices are commonly used for the preparation of different types of beverages. The extraction of juice from fruits will differ depend on the structure and composition of fruits (Shah and Nath, 2006). Fruit juices include important vitamins and polyphenolic chemicals that are linked to the consumption of bioactive components (AOAC, 2012). One of the new product advance strategies in the beverage industries to attract consumers is the combination of natural compounds found in different fruits, vegetables, medicinal and aromatic plants such as flavonoids, phyto-chemicals, antioxidants, and vitamins together in a way that is safe for human consumption (Bhuiyan *et al.*, 2012). Fruit beverages, which have a distinct flavor and disease-preventing qualities and are typically referred to as functional beverages, are currently in demand as an alternative to traditional drinks (Kausar *et al.*, 2012; Sharma and Tandon, 2015). There are various functional beverages with distinct health advantages, such as improving immunity, boosting energy, and improving heart health.

Guava (*Psidium guajava* L.), a member of the extensive Myrtaceae, or Myrtle family, is thought to have originated in southern Mexico and Central America (Somogyi *et al.* 1996). It began to be grown in India in the early 17th century and eventually gained importance as a crop for trade. It has a unique musky flavor that becomes considerably less with processing (Ayub *et al.*, 2005). The guava fruit harvest is incredibly profitable and productive. Fruit farmers appreciate it because of its high returns per unit area and wide range of adaptation (Hassan *et al.*, 2012). It is widely grown throughout the tropics and subtropics. Guavas are climacteric fruits that ripen quickly and have a short shelf life of two to three days at room temperature (Bassetto *et al.*, 2005). Depending on the kind, the fruits differ in size, shape, and flavor. Some cultivars may be astringent, but the better ones are sweet (Yan *et al.*, 2006). The guava is a fruit that is sometimes marketed as a "super fruit" because to its high vitamin A and C content, as well as its seeds, which are rich in dietary fiber, riboflavin, omega-3 and omega-6 polyunsaturated fatty acids, proteins, and mineral salts. Guava's high ascorbic acid content makes it an effective tool in the fight against oxidation and free radicals, the primary causes of degenerative illnesses. Guavas can be eaten raw or processed into a variety of products, including juice, nectar, pulp, jam, jelly, fruit bars, slices in syrup, and dehydrated goods. They can also be added as a flavoring to other fruit juices or pulps (Leite *et al.* 2006). Guavas have excellent flavor and nutritional value, making them a fantastic option for beverage production.

Wood apple (*Feronia limonia* L.), is a underutilized and indigenous fruit which belongs to Rutaceae family. It is commonly found throughout the plain areas of India, including

Maharashtra, West Bengal, Chhattisgarh, Uttar Pradesh, Madhya Pradesh, and the Western Himalayas. It is also known by many vernacular names in different parts of the country, such as elephant apple, monkey apple, kotha, and kainth. It is one of the hardiest trees; that can withstand salinity, and drought, and grows best in deep, well-drained soils. The wood apples are used to make "Sarbat," a handmade and widely recognized beverage. Its strong flavor makes it uncommon to use it by itself for making jelly (Hayes, 1960). The pulp from wood apples is high in beta-carotene, which is a precursor to vitamin A. It also has a small quantity of ascorbic acid and a considerable amount of vitamin B, including riboflavin and thiamine (Kumar and Deen, 2017). Fruits have great medicinal value and are used as a liver and heart tonic in India, while unripe fruits are utilized in traditional remedies as an astringent to treat diarrhoea and dysentery. Fruits have great nutritional value and are widely recognized for their therapeutic qualities. The nutritional and chemical characteristics of fresh wood apple fruit pulp shows that they contain 9.45–21.70 percent TSS, 1.98–3.80 percent titratable acidity, 4.77–5.71 percent TSS/acid ratio, 0.30–6.03 percent reducing sugars, 5.65–13.80 percent non-reducing sugar, 7.95–19.83 percent total sugars, 3.86–6.82 mg/100g ascorbic acid, 21.50–80.10 mg/100g total phenol, and 1.22–1.30 percent pectin (Kumar and Deen, 2017). A plentiful supply of wood apples, which can be processed into various processed items, are found in the majority of the tribal regions of central India.

Ginger (*Zingiber officinale* Rosc.), is a pungent and ancient medicinal plant native to Southeast Asia. It is a member of the Zingiberaceae family. India is the biggest producer and consumer of ginger. Major ginger-producing states in India are Madhya Pradesh, Karnataka, Assam, Maharashtra, West Bengal, Orissa, Gujarat, Sikkim, Kerala, Meghalaya and Manipur. Madhya Pradesh is the state that produces the most ginger in India. Ginger has long been recognized for its therapeutic benefits as an immune-stimulating agent, hepatic-protective agent, aphrodisiac, antiemetic, anticancer, anti-platelet, anti-microbial, anti-parasitic, anti-oxidant, anti-inflammatory, and an aid in digestion (Malhotra and Singh, 2003). Ginger is mostly utilized in the baking, meat processing, and soft drink manufacturing industries in nations like the United States, Canada, and the United Kingdom, although it is hardly ever used in cooking. The primary components of fresh ginger are protein (2.3%), fat (0.9%), carbohydrates (12.3%), minerals (1.2%), fiber (2.4%), and moisture (80.9%). Ginger contains 1.80% TSS, 0.08% acidity, and 1.90 mg/100 g of vitamin C (Deen and Kumar, 2014). Ginger contains minerals, including calcium, iron, and phosphorus. Fresh ginger is commonly used to make pickles and candies, while fresh ginger juice is used to prepare drinks. Dry ginger is used to make ginger powder, oleoresin, essence, soft drinks, non-alcoholic beverages, and ginger oil.

Blends of various fruits and plant extracts with nutritional, pharmacological, and therapeutic qualities can be used to make palatable blend beverages. The making of beverages with guava, wood apple and ginger blends would offer the best way to utilize these perishable raw materials with the least amount of post-harvest loss while also giving consumers access to tasty drinks with medical benefits. Consumers changing lifestyles, more health consciousness, and increased purchasing power are driving up demand for natural beverages that are high in nutrients and have

both therapeutic and medical benefits. Fruit, herbal, and spice blend drinks are a great way to satisfy customer demand in both domestic and international markets. The present investigation, therefore, conducted to develop palatable Syrup from best blend combination of guava, wood apple and ginger.

Material and Method

Raw material

The raw ingredients (Guava, Wood Apple, and Ginger) were obtained from different sources. Guava (var. L-49), purchased from Horticultural Main Experiment Station, Department of Fruit Science, Acharya Narendra Deva University of Agriculture and Technology, Kumarganj, Wood apple collected from Jorium village of Milkipur Tehsil, Ayodhya, Uttar Pradesh and Ginger (Local variety) purchased from the local market of the university.

Extraction of guava pulp, wood apple pulp and ginger juice

The methods utilized to extract the guava pulp, wood apple pulp, and ginger juice have been shown in Fig.-1, Fig.-2, and Fig.-3, respectively.

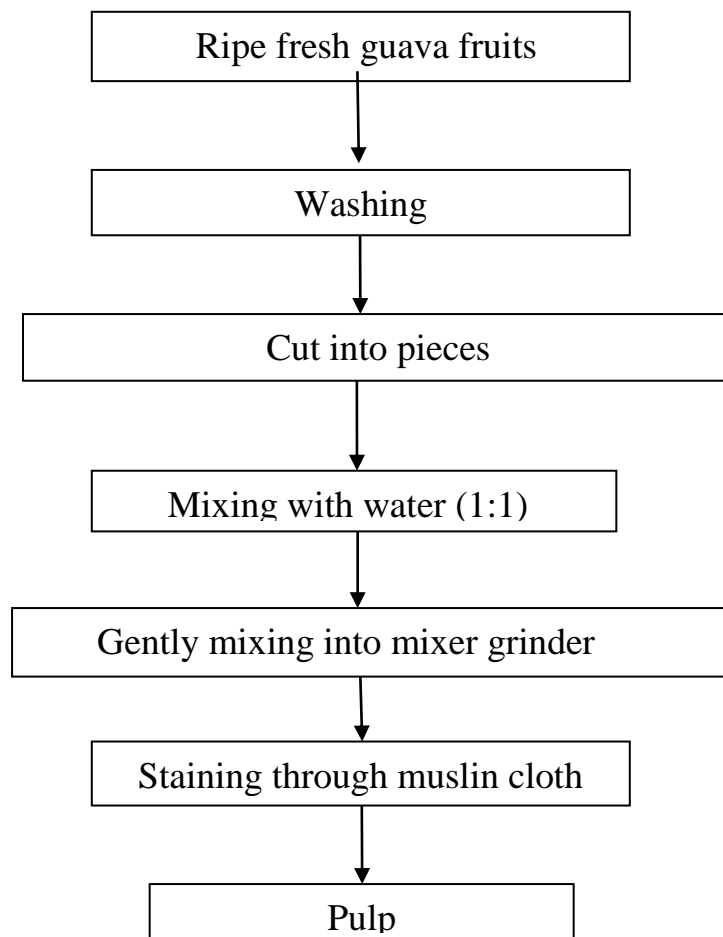


Fig.-1: Flow chart for pulp extraction from Guava fruits

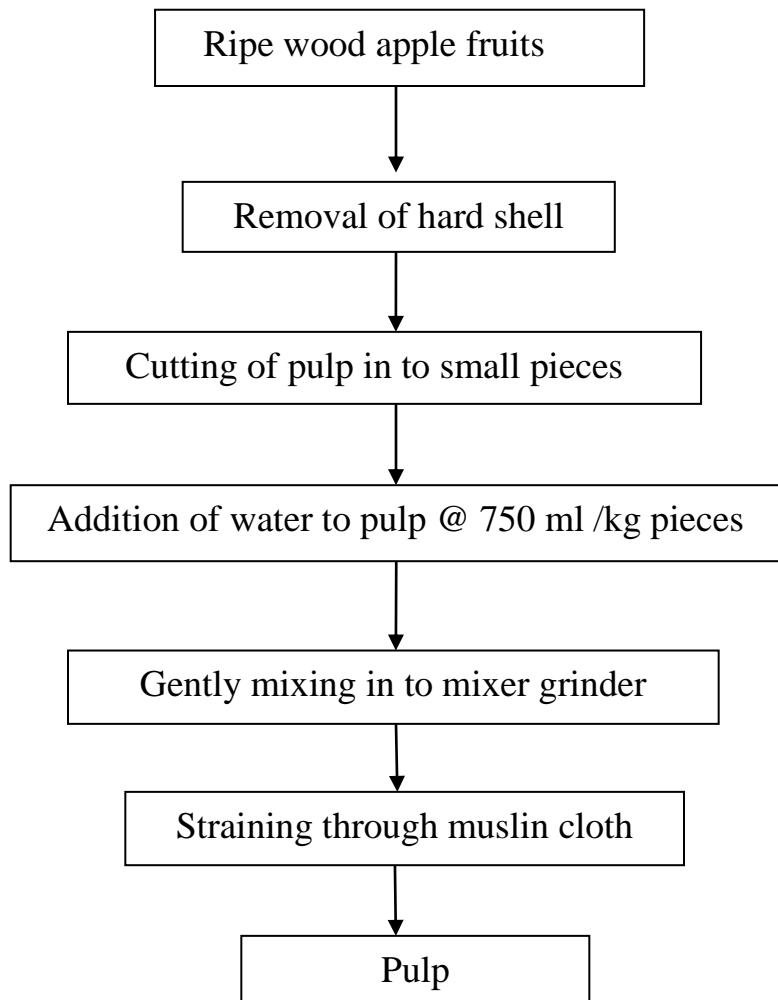


Fig.-2: Flow chart showing pulp extraction from wood apple fruits

Ginger

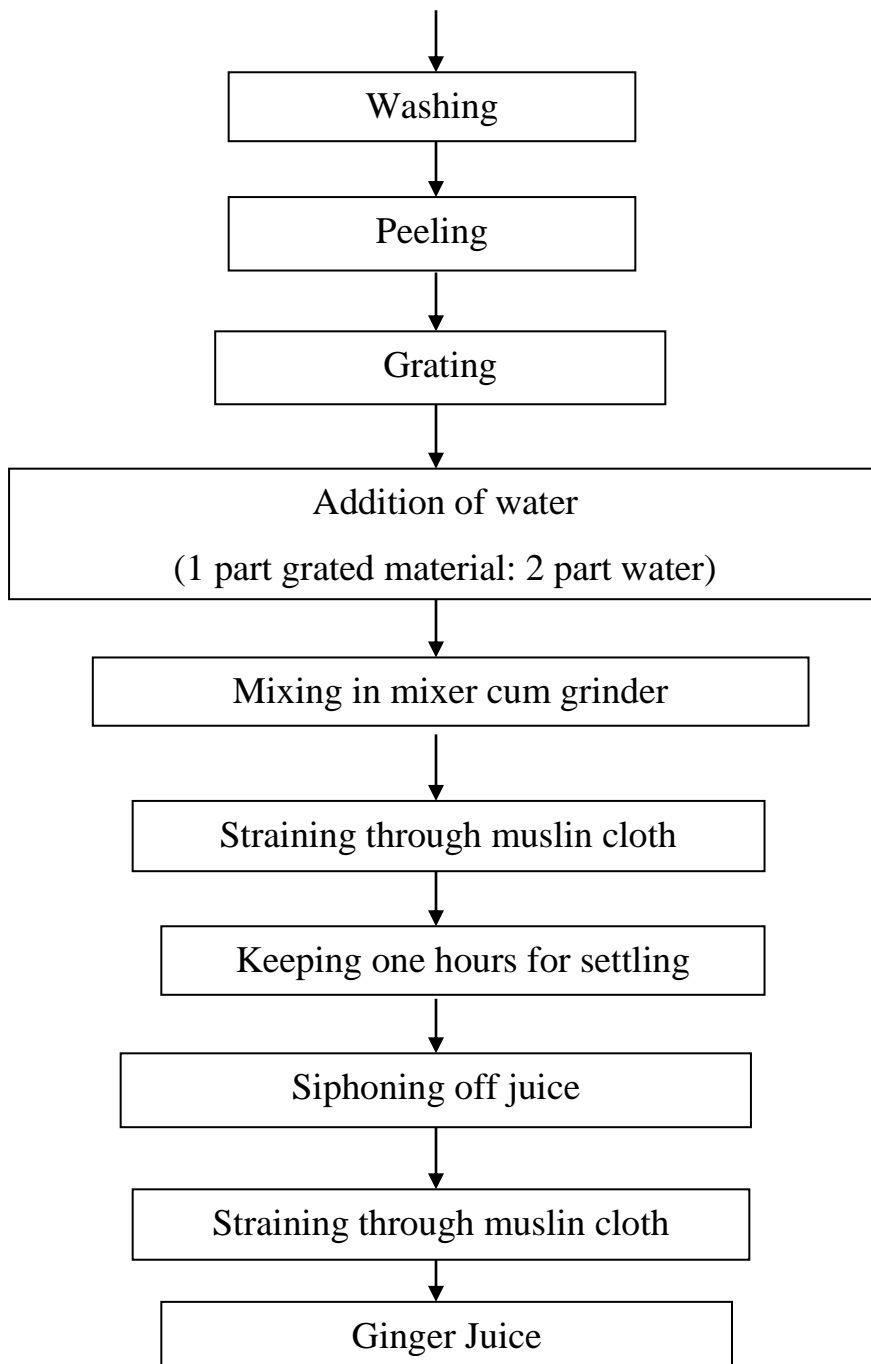


Fig.-3: Flow chart showing juice extraction from ginger

Standardization of blends for Syrup

The various combinations (treatments) of guava pulp, wood apple pulp, and ginger juice were used to determine the best combination for palatable Syrup beverages through organoleptic evaluation:

- T₁ 25 % blend made up of 100 % guava pulp + 0 % wood apple + 0 % ginger juice containing 70 % TSS and 1.50 % acidity.
- T₂ 25 % blend made up of 0 % guava pulp + 100 % wood apple + 0 % ginger juice containing 70 % TSS and 1.50% acidity.
- T₃ 25 % blend made up of 0 % guava pulp + 0 % wood apple + 100 % ginger juice containing 70 % TSS and 1.50 % acidity.
- T₄ 25 % blend made up of 33.33 % guava pulp + 33.33 % wood apple + 33.33 % ginger juice containing 70 % TSS and 1.50 % acidity.
- T₅ 25 % blend made up of 40 % guava pulp + 30 % wood apple + 30 % ginger juice containing 70 % TSS and 1.50 % acidity.
- T₆ 25 % blend made up of 50 % guava pulp + 25 % wood apple + 25 % ginger juice containing 70 % TSS and 1.50 % acidity.
- T₇ 25 % blend made up of 60 % guava pulp + 20 % wood apple + 20 % ginger juice containing 70 % TSS and 1.50 % acidity.
- T₈ 25 % blend made up of 70 % guava pulp + 15 % wood apple + 15 % ginger juice containing 70 % TSS and 1.50% acidity.
- T₉ 25 % blend made up of 80 % guava pulp + 10 % wood apple + 10 % ginger juice containing 70 % TSS and 1.50 % acidity.
- T₁₀ 25 % blend made up of 90 % guava pulp + 5 % wood apple + 5 % ginger juice containing 70 % TSS and 1.50 % acidity.

Preparation of Syrup

One liter of syrup was prepared from each combination containing 25% blend, 70% TSS, and 1.50% acidity and evaluated by a panel of nine semi-trained judges for their organoleptic qualities. Then 5 liters of the syrup were prepared from best combination and filled into 1000 ml capacity polypet bottles, leaving 2 cm of headspace. The bottles were capped pilfer proof and stored for further studies under both ambient (16.17- 27.96°C) and low (4-6°C) temperatures. Fig. 4 displays the flow chart used in the Syrup preparation process.

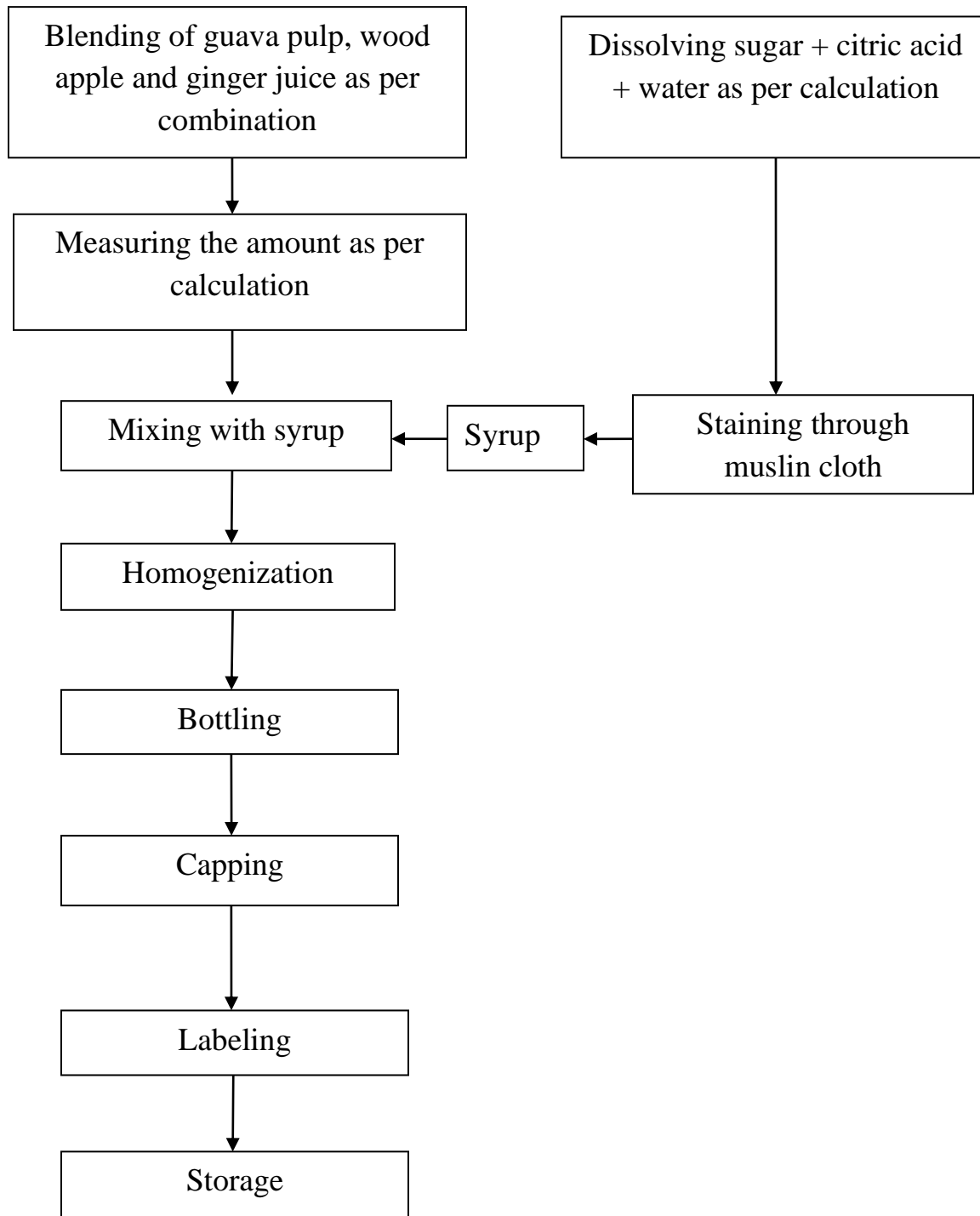


Fig.-4: Flow chart for preparation of Syrup

Storage studies:

The bottles containing prepared Syrup were put for storage studies under ambient conditions and low temperature. During storage observations on changes in TSS, acidity, vitamin-C, reducing sugars, non-reducing sugar, total sugars, pH, browning, microbial growth and organoleptic quality were recorded at monthly intervals.

The TSS was determined using a hand refractometer (Erma Inc. Tokyo Japan, 0-32% and 28-62%). The values of TSS recorded at ambient and low temperatures were corrected to 20°C with the help of a reference table and the mean value of the sample was expressed as per cent TSS content (Ranganna, 2010). The acidity was estimated by titrating a known quantity of sample against standard N/10 NaOH solution using 2-3 drops of phenolphthalein indicator and expressed as per cent anhydrous citric acid. Ascorbic acid (vitamin-C) content was determined by preparing sample in 3% HPO₃ (Metaphosphoric Acid) solution then titrating against 2, 6-dichlorophenol indophenol dye solution till the appearance of light pink colour (Ranganna, 2010). The reducing, non-reducing and total sugars were estimated using Fehling's solution A and B and methyl blue as an indicator in boiling stage. For the measurement of pH, the INSIF digital pH meter model (IE-702) was used, which was standardized and calibrated with different buffers of pH 4.0 and pH 7.0. To determine the non-enzymatic browning sample was taken and mixed with 30 ml 60% alcohol thoroughly then centrifuged for 15 minutes at 1500 rpm, filtered through Whatman filter paper No. 1 to obtain a clear solution. Thereafter the absorbance of the sample was recorded on the "Igene Labserve" model UV vis Double Beam spectrophotometer at 440 nm wavelength using 60% aqueous alcohol as blank. The increase in O.D. of a sample at 440 nm was expressed as non-enzymatic browning (Ranganna, 2010). The standard plate count method was used to determine the microbiological contamination and growth using the NA (Nutrient Agar Medium) and MRBA (Merfins Rose Bengal Agar) medium. After incubating the plate at 38° C for 48 hours, the counting was completed using sterile distilled water as the control. For the evaluation of the organoleptic quality of RTS, a semi-trained panel of 9 judges scored on 9.0 point Hedonic Rating Scale (Amerine *et al.*, 1965).

Statistical analysis

The studies were carried out in three replications, and the computer program SPSS (Statistical Package for Social Sciences) was used to perform the statistical analysis of the data using the completely randomized design (CRD) as outlined by Panse and Sukhatne (1985).

Result and Discussion

Chemical attributes of guava pulp, wood apple pulp and ginger juice

The chemical characteristics of guava pulp, wood apple pulp, and ginger juice are detailed in Table 1. The Total Soluble Solids (TSS), Acidity, Vitamin-C, Reducing sugar, Non-reducing sugar, Total sugar and pH of guava pulp were recorded 12.87 %, 0.95 %, 2.21 .00 mg/100g, 3.55 %, 6.15 %, 9.70 % and 4.35 respectively. Similar to the current study Thakre *et al.* (2023) found that guava pulp contains 0.25 to 0.89 % acidity, 3.6 to 3.94 pH, and 41.32 to 57.00 mg/100g ascorbic acid. Wazed *et al.* (2021) observed that guava juice contains 12% TSS, 28.87 mg/100g ascorbic acid, 0.51 % acidity. Kumar *et al.* (2020) also found that guava pulp cv. Lucknow-49 contains 12.80 % TSS, 0.44 % acidity, 220.00mg/100g ascorbic acid, 6.47 % reducing sugars, 3.08 % non- reducing sugar and 9.55 % total sugars. Wood apple pulp contained TSS, acidity, vitamin-C, reducing sugars, non-reducing sugar, total sugars and pH were recorded 10.72 %, 1.99 %, 5.47 mg/100g, 1.43 %, 5.75%, 7.18 % and 3.70 respectively. Similarly Kumar and Deen (2017) reported that wood apple fruits contains 9.45 to 21.70 % TSS, 1.98 to 3.80 % acidity, 3.86 to 6.82 mg/100g ascorbic acid, 0.30 to 6.03 % reducing sugars, 5.65 to 13.80 % non-reducing sugar, 5.95 to 19.83 % total sugars. Ghosh *et al.* (2010) revealed that wood apple pulp contains 11.56 % TSS, 1.94 % acidity, 7.00 mg/100g ascorbic acid and 3.72 pH. Ginger juice contains TSS, acidity, vitamin-C, reducing sugars, non-reducing sugar, total sugars and pH were recorded 2.21 %, 0.26 %, 1.94 mg/100g, 0.62 %, 1.15 %, 1.77 % and pH 5.67 respectively. Whereas, Harendra and Deen (2022) revealed that ginger juice contains 2.20 % TSS, 0.26 % acidity, 1.90 mg/100g vitamin-C, 0.63 % reducing sugars, 1.12% non-reducing sugar and 1.75% total sugars. Shukla *et al.* (2018) considered that fresh ginger juice contains 2.4 % TSS, 0.6% acidity, 2 mg/100g vitamin-C and 3.9 pH. The slight variation in chemical attributes of raw materials might be because of varieties, cultural practices and location of raw materials production.

Table-1: Chemical attributes of guava pulp, wood apple pulp, and ginger juice

S. No.	Chemical attributes	Mean value		
		Guava pulp	Wood apple pulp	Ginger juice
1.	Total soluble solids (%)	12.87	10.72	2.21
2.	Acidity (%)	0.95	1.99	0.26
3.	Vitamin-C (mg/100 g)	221.00	5.47	1.94
4.	Reducing sugars (%)	3.55	1.43	0.62
5.	Non-reducing sugar (%)	6.15	5.75	1.15
6.	Total sugars (%)	9.70	7.18	1.77
7.	pH	4.35	3.70	5.67

Standardization of blends for Syrup

A palatable quality blended Syrup with 25% blends comprising 60% guava pulp, 20% wood apple and 20% ginger juice adjusted to 70% total soluble solids, 1.5% acidity (T₇) was found to be best for preparation of Syrup (Table-2). Similarly Sharma *et al.* (2023) studied on 50% aonla with 25% guava and 25% Aloe vera from maintaining 20% blend, 15% TSS, and 0.3 percent acidity found best quality of health drink. Harendra and Deen (2022) investigated that 25% of a blend consisting of 55% mango pulp, 25% kagzi lime juice, 10% aloe vera gel and 10% ginger juice performed best when preparing syrup with 70% TSS and 1.20% acidity compared to other blend combinations.

Changes during storage of prepared Syrup

The Data recorded on biochemical changes of Syrup during storage is tabulated in Table-3 and Table-4, which observes that TSS of Syrup increased continuously under both ambient (16.17-27.96°C) and refrigerated (4-6°C) temperatures from 70.00 % to 72.12 % and from 70.00 % to 71.02 %, respectively. The changes in TSS content might be due to inversion or hydrolysis of polysaccharides into simple sugars. The conversion rate was higher at ambient temperature as compare to refrigerated temperature, which might be due to temperature effects. The present findings are in agreement with the considerations of prior research worker like Sharma *et al.* (2023) in aonla, guava and aloe vera based blended health drink. Thakre *et al.* (2023) in guava, aonla and ginger blend juices. Harendra and Deen (2022) in mango, kagzi lime, aloe vera and ginger syrup. Acidity content in blended beverages of Syrup increased continuously during storage under both ambient as well as refrigerated temperatures. It was increased from 1.5 to 1.95% and from 1.5% to 1.86%, respectively. An increase in the acidity content might be due to degradation of pectic substances and formation of organic acid (Conn and Stumpf, 1976). The formation of citric acid is more under ambient storage as compare to refrigerated storage conditions which might be because of higher rate of pectic substances degradation under higher temperature storage. Similar results that an increase in acidity content during storage of products were reported by Sharma *et al.* (2023) on aonla, guava and aloe vera health drink. Thakre *et al.* (2023) on guava, aonla and ginger based blend juices. Mahanandia *et al.* (2022) on apple, carrot and ginger health drink. Vitamin-C content of Syrup prepared from guava, wood apple and ginger blends gradually decreased up to the end of storage time and content was found to be significantly reduced from 5.13 mg/100ml to 4.65 mg/100ml and 5.13 mg/100ml to 4.79 mg/100ml at ambient as well as low temperatures, respectively. The depletion in ascorbic acid (vitamin- C) content might be due to oxidation of ascorbic acid into dehydro-ascorbic acid by oxygen (O₂) trapped into containers and intramolecular space of the product. The present results on changes in ascorbic acid (vitamin-C) content during storage of beverages are also supported by the findings of Sharma *et al.* (2023) in aonla, guava and aloe vera health drink. Thakre *et al.* (2023) in guava, aonla and ginger mix juices. The decreasing trend of ascorbic acid content shows that loss of ascorbic acid content was more under low temperature conditions that might be due to temperature influence on ascorbic acid oxidation. The reducing sugars content of Syrup increased continuously up to the termination of storage period under both ambient and low temperatures and it was increased from 2.10 to 2.92% and from 2.10 to 2.69%, respectively. The

increase in reducing sugars of products might be due to conversion of non reducing sugar into reducing sugars. Similar considerations were also reported by the earlier workers like Sharma *et al.* (2023) in guava, aonla and aloe vera health drink. Gaikwad *et al.* (2022) in guava, aonla and tulsi blended nectar beverages. Wazed *et al.* (2021) in guava based drinks. Harendra and Deen (2021) in kagzi lime, mango, aloe vera and ginger Syrup. Kumar *et al.* (2020) in guava based beverages. These findings support the results of present investigation. The non-reducing sugar content of Syrup showed gradual decreasing trend stored under ambient temperature (from 69.05 % to 68.53%) and refrigerated temperature (from 69.05% to 68.74%). Antithesis to reducing and total sugars, reduction in non reducing sugar might be due to conversion of non reducing sugar. The results are similar with the prior results of Sharma *et al.* (2023) on aonla, guava and aloe vera based health drink. Gaikwad *et al.* (2022) on guava, aonla and tulsi based blended nectar beverages. Wazed *et al.* (2021) on guava based drinks. These considerations support are in conformity to present findings on changes in non-reducing sugar content of products during storage. The total sugars content of Syrup increased gradually from 71.15% to 71.45% and from 71.15% to 71.43% when stored under ambient as well as low temperatures, respectively. A rise in total sugars of product might be due to inversion of non reducing sugar into reducing sugars. The present results on increase of total sugars content in Syrup is also similar to findings of different fruits based beverages (Thakre *et al.*, 2023; Sharma *et al.*, 2023; Gaikwad *et al.*, 2022; Mahanandia *et al.*, 2022; Harendra and Deen, 2021; Wazed *et al.* 2021; Kumar *et al.*, 2020). The pH of Syrup decreased continuously up to the termination of storage period under ambient as well as refrigerated conditions from 3.05 to 2.65 and from 3.05 to 2.73, respectively. The cause of decrease in pH content was might be due to increasing in acidity of these products. Similar observations were recorded by Thakre *et al.* (2023) on mix juice developed from guava, aonla and ginger. Sharma *et al.* (2023) on guava, aonla and aloe vera health drink. Rammiya *et al.* (2019) on carbonated drink prepared from guava. Balaji and Prasad (2014) on aonla, kinnow, cardamom and ginger mix beverage. These reports support the observations recorded on pH of RTS beverage in present studies. The browning in Syrup increased continuously up to the termination of storage under ambient as well as refrigerated temperatures. It was increased from 0.64 (O.D.) to 0.94 (O.D.) and 0.64 (O.D.) to 0.85 (O.D.), respectively. An increase in browning of Syrup could be mainly due to the non- enzymatic reaction (Millard reaction) in which organic acid reacts with sugars and amino acids and leads to the formation of brown pigments. The

browning of beverages stored at low temperature was found to be slow in comparison to ambient storage conditions because low temperature might slowed the Millard reaction. The present findings are also in agreement with the findings of previous research workers like Rammiya *et al.* (2019) in carbonated drink beverages developed from guava. Bhardwaj and Mukherjee (2011) in juice blends made from kinnow, pomegranate, ginger, and aonla. Kalra *et al.* (1983) in jelly prepared from guava. The number of microorganisms grew during the initial phase of storage then begun to decline. The lowest recorded microbial population was 0.179×10^3 cfu/ml and 0.104×10^3 cfu/ml in Syrup at ambient and low temperature, respectively. The microbiological growth of Syrup, was elevated up to two months of storage at ambient temperature and two months of storage at low temperature. After that, the growth of these microorganisms steadily decreased over the course of the storage time in all the products. The presence of some bacteria, the possibility of contamination during processing and trapped oxygen into container could be the cause of the rise in microbial development in the first and second months. The reduction in microbial growth during later stages of storage could perhaps be attributed to increasing sugar and acidity content, as these substances have preservation abilities that inhibit microbial development. The published work of Rammiya *et al.* (2019) on developed from guava carbonated drink. Moussa *et al.* (2019) on prepared guava whey blend beverage are in support of present result on trend of microbial growth. The organoleptic quality of Syrup reduced continuously with the storage period and it was acceptable up to four months of storage under ambient and refrigerated conditions. It was reduced from 8.36 to 7.08 and from 8.36 to 7.32 under ambient and refrigerated temperature, respectively. It might be due to temperature, because temperature plays an important role in biochemical changes that leads to development of off flavour as well as discolouration in the beverages. The reduction in organoleptic quality are also reported in previous studies performed by Sharma *et al.* (2023) on health drink prepared from aonla, guava and aloe vera. Gaikwad *et al.* (2022) on guava, aonla and tulsi blended nectar beverages. Kumar *et al.* (2020) on guava based beverages. The current findings are supported by the previously indicated concerns.

Table-2: Organoleptic quality of Syrup prepared from different blends of guava pulp, wood apple pulp, and ginger juice

Treatments	Different combination of blends			Organoleptic quality	
	Guava pulp (%)	Wood apple pulp (%)	Ginger juice (%)	Score	Rating
T ₁	100	Nil	Nil	7.52	Like moderately
T ₂	Nil	100	Nil	7.50	Like moderately
T ₃	Nil	Nil	100	7.12	Like moderately
T ₄	33.33	33.33	33.33	7.63	Like moderately
T ₅	40	30	30	7.77	Like moderately
T ₆	50	25	25	7.73	Like moderately
T ₇	60	20	20	8.36	Like very much
T ₈	70	15	15	8.01	Like very much
T ₉	80	10	10	8.12	Like very much
T ₁₀	90	5	5	7.96	Like moderate
SE.m±				0.02	
CD at 5%				0.05	

Table-3: Changes during storage in Syrup under ambient temperature

Storage period (Month)	TSS (%)	Acidity (%)	Vitamin-C (Mg/100)	Reducing Sugars (%)	Non-Reducing Sugars (%)	Total Sugars (%)	pH	Browning (O.D.)	Microbial Growth(x 10 ³ cfu/ml)	Organoleptic quality	
										Score	Rating
0	70.00	1.5	5.13	2.10	69.05	71.15	3.05	0.64	0.296	8.36	LVM
1	70.18	1.57	5.06	2.24	68.96	71.20	3.01	0.68	0.315	8.2	LVM
2	70.72	1.65	4.94	2.41	68.87	71.28	2.93	0.73	0.435	7.9	LM
3	71.19	1.74	4.85	2.61	68.79	71.40	2.84	0.78	0.302	7.6	LM
4	71.72	1.88	4.76	2.76	68.67	71.43	2.71	0.87	0.246	7.35	LM
5	72.12	1.94	4.65	2.92	68.53	71.45	2.65	0.94	0.179	7.08	LM
SE.m±	0.02	0.02	0.02	0.02	0.02	0.01	0.02	0.01	0.01	0.06	
CD at 5%	0.05	0.08	0.05	0.06	0.05	0.03	0.05	0.04	0.02	0.17	

LVM: Like very much, LM: Like moderate

Table-4: Changes during storage in Syrup under low temperature

Storage period (Month)	TSS (%)	Acidity (%)	Vitamin-C (Mg/100)	Reducing Sugars (%)	Non-Reducing Sugars (%)	Total Sugars (%)	pH	Browning (O.D.)	Microbial Growth(x 10 ³ cfu/ml)	Organoleptic quality	
										Score	Rating
0	70.00	1.5	5.13	2.10	69.05	71.15	3.05	0.64	0.296	8.36	LVM
1	70.10	1.54	5.08	2.18	69.01	71.19	3.03	0.66	0.304	8.22	LVM
2	70.38	1.61	5.01	2.26	68.95	71.21	2.99	0.70	0.351	8.05	LVM
3	70.63	1.70	4.96	2.37	68.89	71.26	2.94	0.74	0.239	7.88	LM
4	70.77	1.77	4.88	2.49	68.81	71.30	2.86	0.79	0.187	7.62	LM
5	71.06	1.86	4.79	2.69	68.74	71.43	2.73	0.85	0.104	7.32	LM
SE.m±	0.02	0.02	0.02	0.02	0.01	0.01	0.02	0.01	0.01	0.06	
CD at 5%	0.07	0.07	0.06	0.05	0.04	0.03	0.07	0.04	0.02	0.18	

LVM: Like very much, LM: Like moderate

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Concluision

It may be concluded from above findings that 25% of the blend comprising 60% guava pulp, 20% wood apple pulp and 20 % ginger juice was found to be best on Hedonic Scale for the preparation of palatable quality Syrup adjusted to 70% TSS and 1.5% acidity. The TSS, acidity, reducing sugars, total sugars and browning was increased, whereas vitamin-C, non-reducing sugar, pH and organoleptic quality was decreased during storage whereas microbial growth initially increased, then decreased during the period under both ambient (16.17 - 27.96 °C) and low (4-6°C) temperatures. The Syrup can be stored with acceptable quality up to 5 months under both ambient as well as low temperatures.

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