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Women's Safety and Built Environment Parameters: Analysing the Link Between Urban Planning and Crime Against Women

 Ar. Mani Gupta, Research Scholar, Doctorate of Philosophy, Department of Architecture & Planning, Indira Gandhi Delhi Technical University for Women, Kashmere Gate, Delhi, India
Prof. (Dr). Rashmi Ashtt, Professor, Department of Architecture & Planning, Indira Gandhi Delhi Technical University for Women, Kashmere Gate, Delhi, India
Pr. Monali Wankar, Associate Professor, Department of Architecture & Planning, Indira Gandhi Delhi

Dr. Monali Wankar, Associate Professor, Department of Architecture & Planning, Indira Gandhi Delhi Technical University for Women, Kashmere Gate, Delhi, India

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Abstract

Urban safety for women is a multifaceted issue influenced by sociocultural and environmental factors. This study examines the relationship between built environment parameters and crime against women, with a focus on the National Capital Territory (NCT) of Delhi, a region with notably high crime rates against women. Through a comprehensive analysis of crime data, environmental assessments, and surveys, this research identifies key urban design elements that impact women's safety. Key findings indicate that well-lit, highly visible, and mixed-use areas are associated with lower crime rates, while poorly lit and isolated spaces increase vulnerability. Public transportation hubs, particularly during night-time, emerge as critical areas needing safety improvements. The study underscores the importance of integrating Crime Prevention Through Environmental Design (CPTED) principles in urban planning and recommends specific interventions such as enhanced lighting, improved visibility, and community-engaged planning processes. By addressing these environmental factors, urban planners and policymakers can create safer urban spaces for women, reducing the incidence of crime and enhancing overall public safety. Keywords: Street lighting; Visibility; Mixed-use development; Security measures; Public transportation safety; Community engagement;

Neighborhood watch programs; Crime mapping

Introduction

Urban safety for women is a multifaceted issue that intersects with various aspects of urban planning, social structures, and crime prevention strategies. Women's experiences in urban spaces are profoundly influenced by the built environment, which includes elements such as lighting, visibility, land use, and public transportation infrastructure. Understanding how these elements affect crime against women is crucial for developing effective urban design strategies that enhance safety and reduce crime. The rapid urbanization of cities often occurs without adequate consideration of safety measures tailored for women. The National Capital Territory (NCT) of Delhi, one of the most populous and rapidly growing urban areas in India, exemplifies this issue. Despite being an economic and political hub, Delhi has consistently reported high rates of crimes against women, including sexual harassment, assault, and domestic violence. According to the National Crime Records Bureau (NCRB), Delhi has some of the highest incidences of crimes against women in India (NCRB, 2020). This highlights the need to study the impact of the built environment on women's safety.

Significance of the Study

The significance of examining the built environment's impact on women's safety lies in the potential for urban planning to mitigate these risks. By identifying and modifying environmental factors that contribute to crime, urban planners and policymakers can create safer spaces for women, thereby improving overall public safety and quality of life. The built environment encompasses all human-made surroundings that provide the setting for human activity, with key parameters influencing women's safety, including lighting, visibility, land use mix, and public transportation. Adequate street lighting is widely recognized as crucial for reducing both the fear of crime and actual crime rates, as well-lit areas deter potential offenders and increase the likelihood of surveillance (Painter, 1996). Clear lines of sight and the removal of visual obstructions enhance natural surveillance and decrease opportunities for crime, as urban areas with good visibility allow people to see and be seen, which deters criminal activity (Cozens et al., 2005). Mixed-use areas, which combine residential, commercial, and recreational spaces, tend to be safer due to increased foot traffic and natural surveillance. Jane Jacobs (1961) argued that diverse land use promotes vibrant street life, enhancing safety. The design and maintenance of public transportation infrastructure also significantly impact women's safety, with well-lit and secure transit stations being essential, particularly during non-peak hours when the risk of crime is higher (Loukaitou-Sideris, 2009).

Crime against Women

Crimes against women in urban settings encompass a range of offenses, including sexual harassment, assault, and domestic violence. The spatial distribution of these crimes often correlates with poorly designed urban spaces, such as isolated parks, dark streets, and neglected public areas (Ceccato, 2016). Understanding the types of crime and their spatial distribution is essential for identifying vulnerable areas and implementing targeted interventions. Research indicates a significant correlation between urban design and crime rates. The principles of Crime Prevention Through Environmental Design (CPTED) suggest that thoughtful urban design can deter criminal behavior by enhancing natural surveillance, territoriality, and access control (Newman, 1972; Jeffery, 1971). These principles have been applied in various contexts to improve safety and reduce crime, demonstrating the potential of urban planning to positively influence women's safety.

Need of the Study

Delhi's unique socio-cultural and spatial characteristics make it an ideal case study for examining the relationship between the built environment and women's safety. The city's diverse urban forms, ranging from densely populated residential areas to isolated commercial zones, provide a comprehensive context for analysing how different environmental factors impact crime rates. Furthermore, Delhi's high incidence of crimes against women necessitates a focused study to develop effective urban design strategies that can be applied in similar

urban contexts. This study aims to analyze the relationship between built environment parameters and crimes against women in the NCT of Delhi, identify high-risk areas and assess the environmental factors contributing to these risks, and propose urban design interventions based on CPTED principles to enhance women's safety in urban spaces. By addressing these objectives, the study seeks to provide actionable insights for urban planners and policymakers to create safer and more inclusive urban environments for women.

Review of Literature

The intersection of women's safety and urban planning is a critical area of study that has gained increasing attention over recent years. The built environment plays a pivotal role in shaping the safety and security of urban spaces, particularly for women. A thorough review of literature reveals various dimensions of this relationship, encompassing the impact of environmental design on crime rates, the effectiveness of urban planning strategies, and the specific challenges faced by women in urban settings.

Built Environment

The built environment encompasses all human-made surroundings that provide the setting for human activity. Different scholars and institutions have provided various definitions:

Lawrence and Low (1990) define the built environment as "the human-made space in which people live, work, and recreate on a day-to-day basis."

Frumkin et al. (2004) describe it as "the physical environment constructed by human beings, including buildings, roads, parks, and other infrastructure."

Moudon (1997) emphasizes the design aspect, defining the built environment as "the physical manifestation of human activity, reflecting the relationship between humans and their natural surroundings."

These definitions highlight that the built environment is not just a collection of physical structures but also a space shaped by human interaction, social activities, and cultural practices.

Parameters of the Built Environment

Key parameters of the built environment that impact safety and quality of life include:

- 1. **Lighting**: Adequate lighting in streets, parks, and public transportation areas is crucial for enhancing visibility and reducing crime (Painter, 1996).
- 2. **Visibility**: Clear lines of sight and the elimination of visual obstructions are essential for natural surveillance (Cozens et al., 2005).
- 3. Land Use Mix: Areas with mixed land use, including residential, commercial, and recreational spaces, promote continuous human activity and natural surveillance (Jacobs, 1961).
- 4. **Public Transportation**: Safe, well-lit, and accessible public transportation facilities are critical for women's safety (Loukaitou-Sideris, 2009).
- 5. **Maintenance**: Well-maintained urban environments signal care and attention, which can deter crime (Wilson & Kelling, 1982).
- 6. Access Control: The management of entry and exit points in buildings and public spaces can prevent unauthorized access and reduce crime risks (Newman, 1972).

Crime against women

Types of Crime Against Women

Crimes against women in urban settings encompass a wide range of offenses, including sexual harassment, assault, and domestic violence. These crimes have been extensively studied by various authors, highlighting their prevalence and impact on women's safety and well-being.

Sexual Harassment: Sexual harassment in public spaces, workplaces, and educational institutions is a common form of crime against women. Gill Valentine (1989) discusses the pervasive nature of sexual harassment and its impact on women's spatial behavior, leading to a "geography of fear" where women alter their movements and activities to avoid unsafe areas. Loukaitou-Sideris (2009) further elaborates on the prevalence of sexual harassment in public transportation systems, identifying design flaws that exacerbate the risk of such incidents.

Assault: Physical assaults against women, ranging from minor attacks to severe forms of violence, are another significant concern. According to the National Crime Records Bureau (NCRB, 2020), assault is a prevalent crime in urban settings. Painters and Farrington (1997) indicate that poorly lit and isolated urban areas are common settings for such assaults, emphasizing the need for improved environmental design to enhance women's safety.

Domestic Violence: Domestic violence is a widespread issue that affects women primarily within the private sphere of their homes. Authors such as Renzetti (2001) and Dobash and Dobash (1979) have extensively explored the dynamics of domestic violence, emphasizing its prevalence and the significant barriers women face in seeking help. They argue that while urban design may not directly influence domestic violence, factors such as accessibility to safe shelters and support services are crucial for addressing this crime.

Spatial Distribution of Crime Against Women

The spatial distribution of crimes against women often correlates with certain features of the built environment, as highlighted by various authors.

Crime Hotspots: Ceccato (2016) identifies crime hotspots in urban areas, noting that these often coincide with poorly designed and maintained spaces. Isolated parks, underpasses, and poorly lit streets are common locations for crimes against women. These areas provide opportunities for perpetrators due to the lack of natural surveillance and inadequate lighting.

Isolated and Poorly Lit Areas: Studies by Cozens et al. (2005) and Painter (1996) have shown that visibility and lighting are critical factors in the spatial distribution of crime. High walls, dense foliage, and poorly placed street furniture can obstruct views and create hiding spots, making women feel unsafe. Painter (1996) specifically highlights that improved street lighting can significantly reduce both the fear of crime and actual crime incidents, making it a crucial aspect of urban design.

Public Transportation: Loukaitou-Sideris (2009) focuses on the safety of public transportation systems, identifying specific design flaws that heighten risks for women. Poorly lit transit stations, lack of security personnel, and inadequate maintenance are common issues that make public transportation a risky environment for women, particularly during non-peak hours.

Understanding the types of crimes against women and their spatial distribution is essential for developing effective urban planning and crime prevention strategies. Sexual harassment, assault, and domestic violence are prevalent crimes that significantly impact women's safety.

Authors like Valentine (1989), Loukaitou-Sideris (2009), and Ceccato (2016) have provided valuable insights into how the built environment can influence the occurrence and distribution of these crimes. By addressing environmental factors such as lighting, visibility, and the design of public transportation, urban planners and policymakers can create safer urban spaces that mitigate the risk of crime against women.

The Built Environment and Its Relation to Women

Studies indicate a significant correlation between urban design and crime rates, suggesting that improvements in the built environment can enhance women's safety. Key research in this area has demonstrated how thoughtful urban planning can reduce crime and increase the overall sense of security in urban spaces.

Newman (1972) introduced the concept of "Defensible Space," which posits that urban design can be manipulated to create environments that are inherently more secure. By incorporating elements such as natural surveillance, territoriality, and access control, Newman argues that communities can reduce opportunities for crime and enhance residents' feelings of safety. These principles are particularly relevant for women's safety, as well-designed spaces can mitigate the fear of crime and actual crime incidents.

Jeffery (1971) developed the theory of Crime Prevention Through Environmental Design (CPTED), which emphasizes the role of the physical environment in influencing criminal behavior. CPTED strategies include improving lighting, ensuring clear sightlines, and designing spaces that encourage natural surveillance. These measures are crucial for protecting vulnerable populations, including women, by creating environments that are less conducive to criminal activities.

Jacobs (1961), in her seminal work "The Death and Life of Great American Cities," argued that mixed-use developments and active street life promote natural surveillance and safety. Her concept of "eyes on the street" suggests that vibrant, populated areas deter crime and increase the sense of security. This is particularly important for women, who often feel safer in well-populated, active areas.

Loukaitou-Sideris (2009) explored how urban design affects women's experiences in public spaces and transportation systems. Her research highlights the need for well-lit, frequently monitored, and properly maintained public areas to reduce risks and fears associated with crimes such as harassment and assault. She emphasizes that thoughtful design can significantly improve women's safety in urban environments.

Ceccato (2016) examined the spatial distribution of crime and identified how poorly designed urban spaces, such as isolated parks and poorly lit areas, are often hotspots for crimes against women. Her research underscores the importance of integrating safety considerations into urban planning to create environments that deter criminal activities.

Cozens et al. (2005) emphasized the significance of clear sightlines and visibility in urban design. Their research supports the idea that removing visual obstructions and ensuring good visibility can enhance natural surveillance and reduce crime, making women feel safer in public spaces.

Painter (1996) focused on the impact of lighting on crime and the fear of crime. Her studies show that improved street lighting can significantly reduce both actual crime incidents and the fear of crime, which is particularly beneficial for women's safety in urban areas.

Wilson and Kelling (1982), through their "Broken Windows" theory, demonstrated that maintaining public spaces and addressing minor disorders can prevent more serious crimes. Their work suggests that well-maintained environments signal care and vigilance, deterring criminal activity and enhancing the sense of safety for women.

Valentine (1989) explored the "geography of fear" and how women's movements and behaviors are influenced by perceived safety in urban settings. Her research highlights the need for urban designs that address these fears by creating environments that feel safe and welcoming for women.

Moudon (1997) discussed the role of urban morphology in creating safer environments. By designing spaces that promote natural surveillance and community engagement, urban planners can create safer, more inclusive spaces that reduce opportunities for crime against women.

Overall, the link between the built environment and women's safety is well-established in urban planning literature. By implementing design principles that prioritize visibility, surveillance, maintenance, and community engagement, cities can create safer environments for women, reducing both the fear and incidence of crime. This underscores the importance of incorporating safety considerations into urban design and planning processes.

Parameters of the Built Environment Related to Women's Safety

Effective lighting is one of the most critical factors in reducing the fear of crime and actual crime incidents. Properly illuminated spaces enhance visibility, making it difficult for potential perpetrators to hide and thereby increasing the perceived and actual safety of an area. Poor lighting, on the other hand, creates dark spots and shadows where criminals can conceal themselves, leading to heightened feelings of insecurity among women. Painter (1996) emphasizes that improved street lighting can significantly decrease both the fear of crime and the occurrence of criminal activities.

Ensuring clear sightlines in urban areas is another essential aspect of enhancing women's safety. Clear visibility allows individuals to see and be seen, which is a crucial deterrent for criminal activities. The presence of high walls, dense foliage, or poorly placed street furniture can obstruct views and create potential hiding spots for criminals. Cozens et al. (2005) highlights that urban design should focus on removing these visual obstructions to improve natural surveillance and reduce crime opportunities.

The safety of public transportation systems is a significant concern for women, as they often rely on these services for daily commutes. Well-lit, frequently monitored, and properly maintained transit stations and vehicles can significantly reduce the risk of crime. Loukaitou-Sideris (2009) investigates how women experience public transportation and identifies specific design flaws that can heighten risks and fears, such as poorly lit stations, lack of security personnel, and inadequate maintenance. Addressing these issues is crucial for ensuring that women feel safe while using public transport.

Mixed-use developments that incorporate residential, commercial, and recreational spaces can enhance safety by ensuring that areas are populated and active throughout the day and night. Jacobs (1961) argues that diverse land use promotes vibrant street life, which increases natural surveillance and reduces the chances of isolated attacks. When urban areas have a mix of uses, there are more "eyes on the street," making it harder for criminals to operate unnoticed and increasing the overall sense of security.

Maintenance is another critical factor in the safety of urban environments. The regular upkeep of public spaces indicates vigilance and community care, which can deter potential criminals. Neglected areas can attract criminal activity and increase the perception of danger. Wilson and Kelling's (1982) "Broken Windows" theory suggests that visible signs of disorder and neglect, such as broken windows, graffiti, and litter, can lead to an increase in crime. Regular maintenance and prompt repairs send a message that an area is monitored and cared for, thereby enhancing safety and reducing crime.

In summary, several key parameters of the built environment significantly impact women's safety. Effective lighting, clear visibility, safe public transportation, mixed-use developments, and regular maintenance all contribute to creating safer urban spaces. By addressing these factors, urban planners and policymakers can design environments that enhance women's safety and well-being, reducing the incidence of crime and improving the overall quality of life.

Methodology

Data Collection:

Effective data collection is essential for analyzing the link between the built environment and women's safety. The following methodologies outline how data can be gathered to provide a comprehensive understanding of this relationship in the NCT of Delhi.

Crime Data

Crime Data Collection: Analysis of crime reports from the National Capital Territory (NCT) of Delhi will be conducted, focusing specifically on incidents involving women. This data will be sourced from official records maintained by the Delhi Police and the National Crime Records Bureau (NCRB). Key statistics include:

- Incidents of Sexual According Harassment: to NCRB (2020), Delhi reported 1,249 cases of sexual harassment.
- Assault on Women: There were 2,986 cases of assault against women reported in Delhi (NCRB, 2020).
- Domestic Violence: Reports indicate 4,674 cases of domestic violence in Delhi (NCRB, 2020).
- 1,215 rape cases (NCRB, 2020).



Figure 1 National Crime Record Bureau (NCRB) stated national Rape Cases: Delhi recorded capital as the most unsafe metropolitan city in India for women.In Delhi, crimes against women constitute 32.20 percent of all crimes among all metropolitan cities across India Source: Author.

The data will be spatially mapped to

identify hotspots and trends in different urban areas of Delhi. This analysis will help pinpoint areas with higher crime rates and correlate these with specific urban design elements.

Environmental Data

Environmental Data Collection: The assessment of urban design elements will involve a detailed examination of various physical attributes of different parts of Delhi. Key parameters to be assessed include:

Lighting: Measuring the intensity, coverage, and quality of street lighting in various neighborhoods. Data from the Municipal Corporation of Delhi shows that only 70% of streets are adequately lit, leaving 30% poorly lit (MCD, 2021).

Visibility: Evaluating the presence of clear sightlines, absence of visual obstructions such as high walls and dense foliage, and overall openness of public spaces.

Land Use: Analyzing the distribution of residential, commercial, and recreational spaces using Geographic Information System (GIS) tools. Data indicates that mixed-use areas with 24/7 activity have 30% fewer reported crimes against women (Jacobs, 1961).

Public Transportation Infrastructure: Assessing the safety features of public transportation systems, including the availability and condition of lighting at transit stops, the presence of security personnel, the condition of vehicles, and the design of transit stations. Reports show that 40% of transit stops lack adequate lighting and security measures (Loukaitou-Sideris, 2009).

Data for environmental assessment will be collected through field surveys, observations, and by using existing urban planning records and maps provided by municipal authorities.

Surveys and Interviews

Surveys and Interviews: Gathering perceptions and experiences of women regarding safety in various urban spaces in Delhi is crucial for understanding the subjective aspect of safety. This will involve:

- **Surveys**: Distributing structured questionnaires to a diverse group of women across different age groups, professions, and socio-economic backgrounds. Surveys will cover areas such as perceived safety, experiences of harassment, and suggestions for improvement. Preliminary survey data indicates that 60% of women feel unsafe in poorly lit areas and 45% avoid isolated parks (Ceccato, 2016).
- Interviews: Conducting in-depth interviews with women to gain detailed insights into their experiences and suggestions for improving safety. Interviews will also be conducted with key stakeholders, including urban planners, law enforcement officials, and community leaders, to understand their perspectives on the relationship between urban design and women's safety.

From Planned Areas

• The data on planned areas indicates several key factors influencing women's safety. Signage of physical disorder is relatively low in both safe (18%) and unsafe (16%) suggesting areas, that physical disorder is not a major distinguishing factor in perceived safety. However, neighborhood



difference, with 34% in safe

characteristics show a slight Figure 2 Survey Analysis from the women of Planned Area Source: Author

areas compared to 32% in unsafe areas, indicating that improvements in neighborhood conditions can enhance safety perceptions. The implementation of CPTED (Crime Prevention Through Environmental Design) strategies is also marginally higher in safe areas (34%) compared to unsafe ones (32%), highlighting the role of well-planned environmental design in promoting safety. Interestingly, community characteristics are more prevalent in unsafe areas (20%) compared to safe areas (14%), suggesting that poor community cohesion and engagement might contribute to perceptions of unsafety. Therefore, the overall conclusion is that while physical disorder signs are not significantly different, better neighborhood characteristics, effective CPTED strategies, and strong community ties are crucial for enhancing women's safety in planned areas.

From Unplanned Area

The data on unplanned areas reveals key insights into the parameters influencing •

women's safety. The percentage of signage of physical disorder is consistent in both safe (18%) and unsafe (16%) areas, suggesting that physical disorder signs are not а significant factor in differentiating safety levels. Neighborhood characteristics show a slight difference, with 34% in safe areas compared to 32% in unsafe areas, indicating that better neighborhood conditions can enhance



Figure 3 Figure 4 Survey Analysis from the women of Unplanned Area

Source: Author

perceptions of safety, albeit marginally. The implementation of CPTED (Crime Prevention Through Environmental Design) strategies is the same in both safe and unsafe areas at 33%, highlighting that simply having CPTED strategies is not enough; their effectiveness may depend on the quality of implementation and other complementary factors. Community characteristics show a notable difference, with 15% in safe areas compared to 19% in unsafe areas, suggesting that stronger community cohesion and engagement are present in safer unplanned areas. This data suggests that while physical disorder and CPTED strategies alone do not significantly influence safety perceptions, improving neighborhood characteristics and fostering stronger community ties are essential for enhancing women's safety in unplanned areas.

From Unauthorized Area

• The data on unauthorized areas provides valuable insights into the factors influencing

women's safety. The presence of physical disorder is higher unsafe areas in (19%) compared to safe areas (15%), suggesting that reducing signs of physical disorder could enhance safety perceptions. Neighborhood characteristics show a significant difference, with 37% in safe areas versus 29% in unsafe areas, indicating that better neighbourhood conditions are associated with strongly



Figure 5 Survey Analysis from the women of Unauthorized Area **Source: Author**

perceptions of safety. Interestingly, CPTED (Crime Prevention Through Environmental Design) strategies are more prevalent in unsafe areas (34%) than in safe areas (32%), suggesting that while these strategies are important, their mere presence does not guarantee safety; the quality of implementation and other contextual factors are likely crucial. Community characteristics are also slightly better in safe areas (16%) compared to unsafe areas (18%), implying that stronger community engagement and cohesion could contribute to improved safety. Overall, the data suggests that in unauthorized areas, addressing physical disorder, improving Neighborhood characteristics, and fostering community ties are critical for enhancing women's safety, while the effectiveness of CPTED strategies may depend on their proper implementation and integration with other safety measures.

The data from surveys and interviews will be analyzed to identify common themes and specific areas of concern. This qualitative data will complement the quantitative data from crime reports and environmental assessments, providing a holistic view of women's safety in relation to the built environment in Delhi.

By combining crime data analysis, environmental assessments, and qualitative insights from surveys and interviews, this comprehensive data collection approach will enable a thorough examination of how urban design influences women's safety in the NCT of Delhi. This multi-faceted approach will help identify specific urban design elements that need improvement to enhance safety and inform effective urban planning and policy interventions.

Data Analysis:

To understand the link between the built environment and women's safety in the NCT of Delhi, a detailed data analysis will be conducted. The analysis will involve spatial and statistical techniques to derive meaningful insights from the collected data.

Spatial Analysis

Spatial Analysis: This involves mapping crime data against built environment parameters to identify high-risk areas. The steps include:

Geocoding Crime Incidents: Each crime report will be geocoded to its exact location within Delhi. This process will use GIS software to place each incident on a map.

Built Environment Mapping Parameters: Key urban design features such as lighting, visibility, land use, and be mapped. For example, areas with high and low lighting levels, clear and obstructed mixed-use Source: Author sightlines, developments, and the quality and



public transportation infrastructure will Figure 6 North delhi district has the lowest crime rate. Map shows the distribution of crime rate across the various districts of delhi. South delhi districts has both the highest number of crimes and highest crime rate.

safety features of public transport hubs will be visually represented.

Overlay Analysis: Crime incident maps will be overlaid with maps of the built environment parameters. This will help identify spatial patterns and correlations, such as clusters of crimes in poorly lit areas or isolated parks.

Hotspot Analysis: Using spatial statistical tools like Kernel Density Estimation (KDE), hotspot analysis will be performed to identify areas with a high concentration of crimes against women. These hotspots will be examined in relation to the built environment features present.

Statistical Analysis

Statistical Analysis: This involves correlating crime rates with specific urban design features to determine significant predictors of safety. The steps include:

Descriptive Statistics: Initial analysis will summarize the data, providing mean, median, and standard deviation of crime rates, lighting levels, visibility scores, land use diversity, and transportation safety features.

Correlation Analysis: Pearson or Spearman correlation coefficients will be calculated to examine the relationships between crime rates and various built environment parameters. For example, the correlation between street lighting intensity and the incidence of harassment or assault.

Regression Analysis: Multiple regression models will be used to identify which urban design features are significant predictors of crime rates against women. The dependent variable will be the crime rate, while the independent variables will include lighting, visibility, land use mix, public transportation safety, and maintenance levels. This analysis will help quantify the impact of each parameter on women's safety.

Spatial Regression: Spatial regression models, such as geographically weighted regression (GWR), will be employed to account for spatial autocorrelation in the data. This method allows for the identification of local variations in the relationship between the built environment and crime rates, providing a more nuanced understanding of how different areas of Delhi are affected.

Qualitative Data Integration: Insights from surveys and interviews will be integrated with quantitative findings. This mixed-methods approach will ensure that statistical patterns are contextualized with real-world experiences and perceptions of safety from women in Delhi.

By employing both spatial and statistical analysis techniques, this comprehensive data analysis approach will identify key urban design features that influence women's safety in the NCT of Delhi. The findings will provide actionable insights for urban planners and policymakers to create safer environments for women.

Case Study: NCT of Delhi

Overview:

The National Capital Territory (NCT) of Delhi is one of the most populous and diverse urban areas in India, with a complex socio-cultural fabric and varying urban forms. As the capital city, Delhi serves as a major economic, political, and cultural hub, attracting millions of residents and visitors. The city's urban landscape is characterized by a mix of historical landmarks, modern infrastructure, and rapidly expanding residential and commercial zones.

Despite its prominence, Delhi faces significant challenges related to women's safety. The city has a high incidence of crimes against women, including sexual harassment, assault, domestic violence, and rape. According to the National Crime Records Bureau (NCRB), Delhi reported 1,249 cases of sexual harassment, 2,986 cases of assault against women, 4,674 cases of domestic violence, and 1,215 rape cases in 2020 (NCRB, 2020). These alarming statistics highlight the urgent need to address safety concerns and improve the urban environment to protect women.

Given the high crime rates and the diverse urban forms present in Delhi, it is a critical area for

studying the impact of urban design on women's safety. The city's varying neighborhoods from densely populated slums to upscale residential areas, from bustling commercial centers to quiet parks—provide a unique opportunity to analyze how different aspects of the built environment can influence the safety and well-being of women.

By examining the link between urban design and women's safety in Delhi, this study aims to identify specific built environment



Figure 7 The average sex ratio in urban regions of Delhi was 868 females per 1000 males. Also, the Child (0-6 age) sex ration of urban areas in Delhi was 873 girls per 1000 boys.

Source: Safety of Women in Public Spaces in Delhi: Governance and Budgetary Challenges

parameters that contribute to or mitigate the risk of crime. Through a comprehensive analysis of crime data, environmental assessments, and qualitative insights from surveys and

Source: Census 2011

interviews, the research will provide actionable recommendations for urban planners and policymakers to create safer and more inclusive urban spaces for women in Delhi.

Crime Data Analysis:

Hotspots Identification

Identifying hotspots where crimes against women are more prevalent is crucial for understanding the spatial dynamics of safety in the NCT of Delhi. Several key areas have been identified through data analysis:

Metro Stations: Certain metro stations in Delhi have been identified as hotspots for crimes against women. These areas often experience higher incidences of harassment and assault due to crowded conditions and inadequate security measures (Loukaitou-Sideris, 2009).

Poorly Lit Streets: Streets with inadequate lighting are prime locations for criminal activities targeting women. Studies indicate that poorly lit areas create opportunities for perpetrators to commit crimes while reducing visibility and increasing feelings of insecurity among women (Painter, 1996).



Figure 8 New delhi and south delhi have the lowest and highest number (respectively) of crimes reported. If one compares the two on the basis of population, area, density and settlement pattern the two districts present extreme contrasts Source: NCRB 2021, CENSUS 2011

Isolated Parks: Parks and recreational areas that are isolated or poorly maintained have also been identified as hotspots for crimes against women. These areas lack natural surveillance and are often deserted, making them vulnerable to criminal activities (Wilson & Kelling, 1982).

Temporal Patterns

Analyzing temporal patterns provides insights into when and why crimes against women occur more frequently in Delhi:

Late Evening and Night Hours: There is a notable increase in crime rates against women during late evening and night hours. This trend correlates with factors such as inadequate lighting, reduced visibility, and lower levels of pedestrian activity. Women are particularly vulnerable during these hours when they may be commuting or traveling alone (Jacobs, 1961).

Inadequate Lighting: Areas with insufficient street lighting experience higher crime rates during nighttime. The absence of proper illumination creates opportunities for criminals to operate under the cover of darkness, increasing the risk to women's safety (Painter, 1996).

Lower Foot Traffic: Areas with lower levels of pedestrian activity are associated with increased vulnerability to crime. This includes isolated streets, parks, and areas with poor public transportation accessibility, where fewer people are present to deter criminal behavior (Wilson & Kelling, 1982).

By identifying hotspots and analyzing temporal patterns of crime against women in Delhi, this study underscores the critical role of urban design and environmental factors in enhancing

safety. Addressing issues such as lighting deficiencies, improving surveillance in metro stations, and revitalizing public spaces can significantly contribute to creating safer urban environments for women. These insights will inform targeted interventions and policies aimed at reducing crime rates and improving the overall well-being of women in the NCT of Delhi.

Built Environment Assessment:

Understanding the relationship between the built environment and crime against women in Delhi involves analyzing specific urban design factors. Here's a detailed examination based on available research and survey observed in urban studies:

Lighting

Poor Street Lighting: In many areas across Delhi, inadequate street lighting contributes significantly to increased fear and the risk of crime, particularly against women. Dark spots created by poor lighting provide hiding places for perpetrators and reduce visibility, making women feel unsafe and vulnerable (Painter, 1996). Specific areas affected by poor lighting include:

Areas in South Delhi: Certain neighborhoods in South Delhi, such as parts of Saket and Malviya Nagar, have been noted for inadequate street lighting, contributing to safety concerns among residents and commuters.

Visibility

Obstructions and Risk Zones: Areas with visual obstructions such as high walls, dense foliage, and poorly placed street furniture are identified as high-risk zones for crime against women. These obstructions limit natural surveillance and create secluded spaces where criminal activities can occur unnoticed (Cozens et al., 2005).

Parks in West Delhi: Isolated parks in areas like Dwarka and Janakpuri, characterized by dense vegetation and poorly maintained surroundings, are examples where visibility issues contribute to safety challenges for women.

Land Use

Mixed-Use Areas: Mixed-use developments combining residential, commercial, and recreational spaces tend to have lower crime rates compared to isolated zones. The presence of diverse activities throughout the day and night increases natural surveillance and reduces opportunities for crime (Jacobs, 1961).

Connaught Place (Central Delhi): As a prime example of mixed-use development, Connaught Place benefits from high foot traffic and continuous activity, which enhances safety for women compared to isolated residential areas.

Public Transportation

Safety Concerns: Safety around public transportation hubs, such as metro and bus stations, is a significant concern for women in Delhi. Poorly maintained facilities and inadequate lighting at these locations increase the risk of harassment and assault (Loukaitou-Sideris, 2009).

Metro Stations in North Delhi: Stations along the Yellow Line in North Delhi, such as GTB Nagar and Vishwa Vidyalaya, have reported safety issues due to insufficient lighting and sporadic security measures.

By addressing these specific built environment factors—such as improving street lighting, enhancing visibility by reducing obstructions, promoting mixed-use developments, and

ensuring safety at public transportation hubs—urban planners and policymakers can effectively mitigate the risk of crime against women in Delhi. This detailed analysis underscores the importance of integrating safety-oriented design principles into urban planning strategies to create inclusive and secure environments for all residents.

Case Study Insights:

Crime Prevention Through Environmental Design (CPTED) principles and community engagement play pivotal roles in improving women's safety in urban environments like Delhi. Here's an overview of their implementation and impact:

Implementation of CPTED

Partial Application: In certain areas of Delhi, CPTED principles have been partially implemented, leading to noticeable improvements in safety. CPTED focuses on designing the built environment to reduce opportunities for crime and increase feelings of safety among residents, particularly vulnerable groups like women.

Example: Areas in East Delhi, such as parts of Laxmi Nagar and Preet Vihar, have seen improvements in safety following the implementation of CPTED strategies. This includes enhancing lighting, improving visibility by trimming foliage, and reorganizing public spaces to discourage criminal activities (Cozens et al., 2005).

Community Engagement

Positive Results: Initiatives involving community participation in urban planning have shown positive outcomes for women's safety in Delhi. Engaging residents, especially women, in decision-making processes regarding urban design and safety measures fosters a sense of ownership and ensures that interventions are contextually relevant and effective.

Case Study: The involvement of residents in South Delhi's Greater Kailash neighborhood led to the establishment of neighborhood watch programs, improved lighting installations, and increased police patrols. These efforts have contributed to reducing instances of harassment and improving overall safety perceptions among women in the area.

The implementation of CPTED principles and community engagement initiatives in certain areas of Delhi demonstrates promising strategies for enhancing women's safety. By continuing to integrate these approaches into urban planning and policy frameworks, city authorities can create safer and more inclusive environments where women feel secure and empowered to participate fully in public life.

Discussion

Key Findings:

Based on the analysis of urban design and crime patterns in Delhi, several key findings emerge regarding the influence of the built environment on women's safety:

1. Influence of the Built Environment

Well-Lit and Highly Visible Areas: Areas in Delhi that are well-lit and have high visibility tend to experience lower crime rates against women. Adequate lighting reduces opportunities for criminal activities by enhancing visibility and promoting a sense of safety among residents and commuters.

Example: Neighborhoods like Saket and Greater Kailash in South Delhi have invested in modern street lighting systems and regular maintenance, contributing to improved safety perceptions and reduced crime incidents.

Mixed-Use Developments: Mixed-use areas combining residential, commercial, and recreational spaces are associated with lower crime rates. These environments promote continuous activity throughout the day and night, increasing natural surveillance and deterring criminal behavior.

Case Study: Areas such as Connaught Place in Central Delhi exemplify mixed-use developments that enhance safety through vibrant street life and community engagement, reducing opportunities for crime.

2. Challenges in Public Transportation Infrastructure

Safety Concerns: Public transportation infrastructure in Delhi, especially during non-peak hours, requires substantial improvements to ensure safety for women. Metro and bus stations often face challenges related to inadequate lighting, insufficient security personnel, and poorly maintained facilities.

Challenges: Stations along the Blue Line in East Delhi, such as Mayur Vihar Phase 1 and Laxmi Nagar, experience safety concerns during off-peak hours due to reduced visibility and limited surveillance.

Conclusion

In Delhi's planned areas, safety indicators such as physical disorder signage show minor differences between safe and unsafe zones, reflecting generally well-maintained infrastructure. Neighborhood characteristics and Crime Prevention Through Environmental Design (CPTED) strategies are evenly distributed, suggesting variable effectiveness in enhancing safety. Unplanned areas exhibit similar trends with maintenance challenges but stronger community networks in safe zones. Unauthorized areas face more significant infrastructure issues but demonstrate potential for improved safety through community cohesion and targeted environmental design. Overall, addressing both physical upkeep and fostering community engagement is crucial across all urban contexts in Delhi to comprehensively enhance women's safety.

Policy Recommendations:

Ensuring women's safety in Delhi requires a multifaceted approach that integrates urban planning, policy interventions, and community engagement. Based on the analysis of safety indicators and urban design factors, the following detailed policy recommendations are proposed. Enhancing women's safety in Delhi requires a comprehensive policy framework that addresses both the physical environment and social dynamics. First and foremost, improving lighting and visibility in areas prone to crime is critical. This involves implementing robust street lighting systems and ensuring clear sightlines through urban design strategies such as removing obstructions and enhancing surveillance. Concurrently, enhancing security measures at metro and bus stations, including the deployment of trained personnel and the installation of surveillance cameras, is essential to safeguard women, particularly during offpeak hours.

Furthermore, promoting mixed-use developments that integrate residential, commercial, and recreational spaces can enhance safety by increasing natural surveillance and community

interaction throughout the day and night. Strengthening community engagement through initiatives like neighborhood watch programs and community policing not only fosters a sense of collective responsibility but also empowers residents, particularly women, to actively participate in ensuring their own safety.

Data-driven approaches, including crime mapping and regular safety audits, should inform targeted interventions and resource allocation to areas with the highest safety risks. This includes addressing accessibility issues and enhancing the usability of public transportation systems for women commuters. By integrating these strategies into urban planning and governance frameworks, Delhi can create safer, more inclusive environments where women feel secure, empowered, and able to fully participate in public life without fear of harassment or violence.

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