

<https://doi.org/10.48047/AFJBS.6.16.2024.2417-2423>



African Journal of Biological Sciences

Journal homepage: <http://www.afjbs.com>



Research Paper

Open Access

Synergistic effect of a mixture of rosemary plant extract with some antibiotics against some pathogenic bacterial species

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Article History

Volume 6, Issue 16, 2024

Received : 17 Aug 2024

Accepted : 12 Nov 2024

Published :21 Dec 2024

[doi:10.48047/AFJBS.6.16.2024.2417-2423](https://doi.org/10.48047/AFJBS.6.16.2024.2417-2423)

Abstract

The purpose of this study is to investigate and evaluate the antibacterial activities of Rosmarinusofficinalis extracts (ethanol/water) against four strains of bacteria: Escherichia coli (ATCC 25922), Pseudomonas aeruginosa (ATCC 27853), Staphylococcus aureus (ATCC 25923) and Bacillus Cereus (ATCC 11778) using the diffusion method.

The results revealed that all extracts have a certain biological activity against gram-negative and Gram-positive bacteria at 1000 and 5000 g/ml. In addition, the extracts (ethanol/water) showed the highest activity, is against Pseudomonas aeruginosa.

The combination of Rosmarinusofficinalis with each of the standard antibiotics: (SP25 µg) (Spiramycin), (MT5µg) (Metromidazole), AMX (amoxicillin), CZN (cefazolin), cxn (Cefalexin). They were more active and showed significant synergistic effects, extracts (ethanol/water) of medicinal plants Rosmarinusofficinalis, It also showed strong synergistic effects. The results of this study suggest that Rosmarinusofficinalis could be used to treat diseases caused by the organisms studied. Further, pharmacological and chemical studies can be carried out in order to isolate and identify the chemical constituents responsible for antimicrobial activity in selected plants.

Keywords: Rosmarinusofficinalis, medicinal plant, biological study, extract, antibiotic.

1-Introduction

Most bacterial infections are treated with antibiotics, but at present time the natural herbal treatments (folk medicine) has spread dramatically and sometimes without resorting to drugs and synthetic materials. However, due to the appearance of new strains of the bacteria and the weakness of chemotherapeutics and antibiotic resistance exhibited by pathogens has led to the screening of several medicinal plants for their potential antimicrobial activity [1-2]. An increasing number of reports dealing with the assessment of antimicrobial effects of different extracts of various medicinal plants are frequently available [3].

In this study, we are trying to measure the biological activity of rosemary and mixing it with some antibiotics.

Rosmarinus officinalis , Rosemary is a perennial shrub that usually reaches about 01 meter (3.3 ft) in height. The linear leaves are about 01 cm (0.4 in) long and look somewhat like small, curved pine needles. It is dark green and shiny above, with a white underside and arched leaf edges. The small bluish flowers are borne in axillary clusters. Rosemary is quite resistant to most plant pests and diseases. Plants grow easily from cuttings [5].



Figure 1: Fresh rosemary picked from the Radar area west of Tiaret, Algeria.

Rosemary is native to the Mediterranean basin. It is found mainly in arid and sunny areas, and does not like excessive drought [4]. Plant studies have unanimously agreed that the aerial parts of the rosemary plant are the parts used in traditional treatment (by herbalists), as well as in modern studies, especially the leaves[6]. Antidiarrheal, menstrual, wounds and scabies. Rosemary contains phenolic acids, the most important of which are rosmarinic acid, caffeic acid, and some flavonoids epinephrine, dicosamine, oxetine, ginquin, and hispidyline [7].

2-MATERIALS AND METHODS

Fresh Rosemary plant were collected from the mountains of Tiaret, western Algeria. The sample was deposited in the Scientific Research Laboratory at the Faculty of Materials Sciences, Ibn Khaldoun University - Tiaret, Algeria. The fresh plant is washed under running tap water, air dried under the dark, then homogenized into a fine powder and stored in a sealed container away from light and moisture.



Figure 2: Dried rosemary extracted from Radar w Tiaret, Algeria.

Plant sample extraction:

The extract was prepared by soaking 200 g of plant powder in a mixture of evaporated EtOH/H₂O (70/30) under low pressure. The resulting extract was diluted with distilled water and left overnight. The resulting residue was stored at 4 °C.



Figure 3: Extract (ethanol/water) of rosemary

Microorganisms All bacterial standard strains:

Escherichia coli (ATCC25922), *Pseudomonas aeruginosa* (ATCC 27853), *Staphylococcus aureus* ATCC 25923 and *Bacillus Cereus* ATCC 11778) were obtained and diagnosed in the Microbiology Laboratory, Tiaret Hospital, Algeria.

Preparation of the bacterial culture media:

3.7 g of Muller Hilton agar were mixed with hot distilled water and autoclaved at 121°C and 02 atm for 15 min. After autoclaving, it was allowed to cool to 45°C in a water bath. Then the medium was poured into sterilized petri dishes with a uniform depth of approximately 05 mm [8].

Preparation of plant extract impregnated discs:

Whatman N°01 filter paper was used to prepare discs of 06 mm in diameter. They were sterilized by autoclaving and then dried during the autoclaving cycle. The discs were then impregnated with extract of the plants [9].

Disc diffusion method:

Disk propagation method:

The disc diffusion method for antimicrobial susceptibility testing was performed according to the standard method by Kirby-Bauer to evaluate the presence of antibacterial activities of the plant extract. A bacterial suspension adjusted to 0.5 McFarland standard (1.5×10^8 CFU/ml) was used to evenly inoculate Mueller Hinton agar plates using a sterile swab[10]. Discs impregnated with the plant extract were placed individually on the surface of Mueller-Hinton agar. The discs were spaced far enough apart to avoid reflection waves from the edges of the Petri dishes and overlapping damping rings. The plate was then incubated at 37°C for 18 h in an upside-down position to look for zones of inhibition. The zones of contraindications produced by susceptible organisms are defined by a circular area of clearing around the discs impregnated with the plant extract. The diameter of the zone of inhibition through the center of the disc was measured to the nearest millimeter.

The resulting residue of the extract stored at 04°C was tested at a concentration of 10–03 g/mL and prepared in DMSO[11].

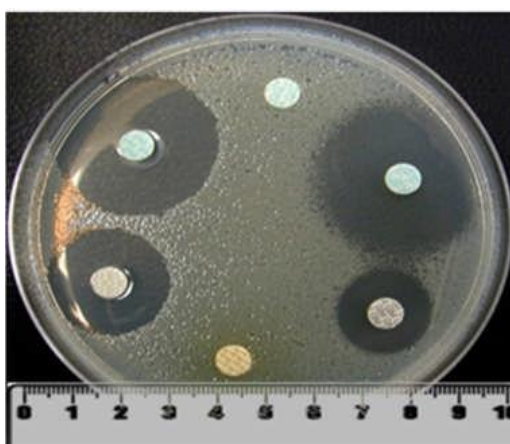


Figure 4: Measurement of the diameter of the inhibition zone in mm.

3-RESULTS

The results are summarized in the following table:

Table 1: Comparison of rates of inhibition of rosemary plants and their mixtures with antibiotics (in mm) against bacteria.

Diameter of inhibition zone (mm)				
Bacteria Strains Plant extracts	Escherichia coli (ATCC 25922)	Pseudomonas aeruginosa (ATCC 27853)	Staphylococcus aureus (ATCC 25923)	Bacillus Cereus (ATCC 11778)
Rosemary (R ₁)	18	22	19	11
MT ₅ µg (R ₂)	09	-	-	11
MT ₅ µg/Rosemary (R ₃)	15	19	14	13
$\Delta R_1 = R_3 - R_1$ (1 ou 2)	-03	-03	-05	+02
SP ₂₅ µg (R ₄)	13	-	12	-
SP ₂₅ µg/Rosemary (R ₅)	25	20	24	20
$\Delta R_2 = R_5 - R_1$ (1 ou 4)	+12	-02	+05	+09
CZN ₃₀ µg (R ₆)	29	-	26	-

CZN _{30µg} /Rosemary (R ₇)	29	07	15	09
$\Delta R_3 = R_7 - R_{(1 \text{ ou } 6)}$	00	-15	-04	-02
CXN _{30µg} (R ₈)	24	-	27	-
CXN _{30µg} /Rosemary (R ₉)	20	15	15	19
$\Delta R_4 = R_9 - R_{(1 \text{ ou } 8)}$	+02	-07	-12	+08
AMX _{25µg} (R ₁₀)	11	-	30	08
AMX _{25µg} /Rosemary (R ₁₁)	34	28	25	30
$\Delta R_5 = R_{11} - R_{(1 \text{ ou } 10)}$	+16	+06	-05	+19

DISCUSSION

The table (1) showed that:

A comparison between *Rosmarinus officinalis* extract, antibiotics against bacteria, and their combination.

The Microbial growth inhibition of a *Rosmarinus officinalis* extract tested in vitro by agar disk against 04 bacterial species showed significant bacterial activity against all bacteria tested (*Escherichia coli*, *Pseudomonas aeruginosa*, *Staphylococcus aureus*, *Bacillus Cereus*).

Rosmarinus officinalis and certain elements of the extraction of *Rosmarinus officinalis* on the effectiveness of antibiotics in the mixture.

-R (extr / antibio) = R (extr): the combination (antibiotic/extract) does not cause synergy (neuter).

-R (extr / antibio) = R (antibio): the combination (antibiotic/extract) does not cause synergy (neuter).

-R (extr / antibio) < R (antibio) or R (extr): the combination (antibiotic/extract) does not cause synergy (inhibition).

-R (extr / antibio) > R (antibio) and R (extr): The mixture or the combination or the mix (antibiotic/extract) for a synergistic effect against the bacteria[12].

In the mixture (*Rosmarinus*/(CXN) it was more effective than the extract of *Rosmarinus* and the antibiotic (CXN) on *Escherichia coli*, *Bacillus Cereus* par against the combination of extract of (*Rosmarinus*/CXN) is not effective as Rosemary extract and (CXN) antibiotic on the bacteria *Pseudomonas aeruginosa*, *Staphylococcus aureus*.

While the combination of *Rosmarinus* extract / (AMX), was more effective than *Rosmarinus* extract and antibiotic (AMX) on *Escherichia coli*, *Pseudomonas aeruginosa* and *Bacillus Cereu* and the opposite on *Staphylococcus aureus* bacteria although the combination of the extract of Rosemary (SP) was more effective than Rosemary extract and the antibiotic (SP) on *Escherichia coli*, *Staphylococcus aureus* and *Bacillus Cereu* and on the other hand on other bacteria while the combination of *Rosmarinus* extract / (CZN) has no synergistic (neutral) effect on *Escherichia coli* and for other bacteria was not as effective as Rosemary extract and antibiotic (CZN) on the bacteria *Pseudomonas aeruginosa*, *Staphylococcus aureus* et *Bacillus Cereu* and also as the combination of *Rosmarinus* extract / (MT) was not effective than *Rosmarinus* extract and antibiotic (MT) on the bacteria *Pseudomonas aeruginosa* and *Bacillus Cereu*, *Staphylococcus aureus* on the other hand on other bacteria.

The maximum antibacterial achieved by (MT_{5μg}/Rosemary) is against *Pseudomonas aeruginosa* by rate 19mm.

The maximum antibacterial achieved by (SP_{25μg}/Rosemary) is against *Escherichia coli* by rate 25 mm.

The maximum antibacterial achieved by (CZN_{30μg}/ Rosemary) is against *Escherichia coli* by rate 29 mm.

The maximum antibacterial achieved by (CXN_{30μg} /Rosemary) is against *Escherichia coli* by rate 20 mm.

The maximum antibacterial achieved by (AMX_{25μg}/Rosemary) is against *Escherichia coli* by rate 34 mm.

CONCLUSION

Thanks to this work, we were able to study the plant *Rosmarinus officinalis* and compare the antibacterial activity and the synergistic action of the extract of the flowers of the *Rosmarinus officinalis* plant with certain antibiotics, as well as the extract (ethanol/water) against four bacterial isolates. We found that the extract of the plant (ethanol/water) had a significant effect on epidemiological bacterial groups, such as The bacteria *Pseudomonas aeruginosa* causes many different infections. Otitis externa, which is a benign condition that can occur in perfectly healthy individuals. It is caused by the penetration of water contaminated by bacteria into the ear while swimming in a pool. This condition is responsible for pain, itching and sometimes discharge, which means that this plant extract can be used to inhibit or suppress the spread of bacteria to ensure health protection.

We also discovered that the leaves of the *Rosmarinus officinalis* plant had a synergistic effect with the extract (ethanol/water) as well as a synergistic activity with the antibacterials: Spiramycin (SP100 μg), Metromidazole (MT5μg), Amoxicillin (AMX23 μg), Cefazolin (CZN30 μg) and Cefalexin (CXN30 μg).

In the future, we want to separate active ingredients that have true synergy with each other and are responsible for suppressing pathogenic bacteria.

Finally, we hope to have achieved our research goal on the antibacterial activity and synergistic effects of an important plant. Or, at the very least, we have raised some doubts about an essential component of pharmacy at this time, so that we and others can work harder to improve the balance of scientific research in Algeria

ACKNOWLEDGMENT

The authors are thankful to Dr. Ouassila Mokhtari, Aris Hospital, Batna ; Dr. A. Khalil, Hakim Saadan Hospital, Biskra; Dr. Ounissi and Mr. Berrah, Mohammed Bouthiaf Hospital, Ouargla 30000, Algeria for their assistance and providing the necessary facilities to carry out this work.

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