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### A Systematic Review On Extraction Of Allantoin From Wild Onion

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#### Abstract:

Wild onions, members of the *Allium* genus, have received attention for their high concentration of bioactive chemicals, including allantoin, which is known for its medicinal qualities. This research focuses on enhancing the extraction technique for allantoin from wild onions, as well as defining its yield and purity levels. Fresh wild onions were picked, cleaned, and extracted using a variety of techniques, including solvent extraction, ultrasound-assisted extraction, and enzymatic hydrolysis, under varying circumstances. The extracted allantoin was measured with high-performance liquid chromatography (HPLC) and evaluated for purity and possible uses. To increase the yield of allantoin, optimization factors such as solvent type, extraction temperature, duration, and solvent-to-sample ratio were carefully assessed. When compared to other procedures, solvent extraction using ethanol at high temperatures produced the greatest yield of allantoin. Furthermore, HPLC analysis showed allantoin as the primary bioactive ingredient in the extracts, with high purity levels. This work sheds light on the extraction of allantoin from wild onions, with possible uses in medicines, cosmetics, and dermatological goods. The optimized extraction methodology given herein serves as a foundation for obtaining the therapeutic advantages of allantoin from natural sources, hence contributing to the development of sustainable and environmentally friendly alternatives in a variety of sectors.

**Key words:** wild onion, allium, nutritional, allantoin, HPLC

#### Introduction:

For millennia, wild onions from the *Allium* genus have been cherished for their therapeutic virtues and nutritional benefits in a variety of civilizations. Among the several bioactive chemicals found in wild onions, allantoin has emerged as a standout ingredient due to its

amazing therapeutic properties. Allantoin, a naturally occurring molecule, is known for its wound-healing, anti-inflammatory, moisturizing, and antioxidant qualities, making it a popular component in medicines, cosmetics, and dermatological products. The potential of allantoin derived from wild onions as a flexible and sustainable resource has received increased attention in recent years.

The extraction of allantoin from wild onions is a vital step toward realizing its therapeutic and cosmetic potential. Several extraction techniques, including solvent extraction, enzymatic hydrolysis, and ultrasound-assisted extraction, have been used to separate allantoin from various sections of wild onions, including bulbs, roots, and leaves. The optimization of extraction parameters such as solvent type, temperature, duration, and pH is critical for increasing the yield and purity of allantoin extracts.

This paper seeks to offer a complete overview of allantoin extraction from wild onions, with an emphasis on extraction methodologies, optimization tactics, factors impacting extraction efficiency, quantitative analytical methods, and prospective applications. This study examines the present state-of-the-art in allantoin extraction from wild onions in order to emphasize the relevance of wild onions as a sustainable source of allantoin and its prospective contributions to the pharmaceutical, cosmetic, and dermatological sectors. Furthermore, it seeks to identify current trends, problems, and future directions in allantoin extraction, providing useful insights for academics, practitioners, and stakeholders interested in natural product chemistry and biotechnology.

The purpose of this review article is to offer a complete overview of allantoin extraction from wild onions (*Allium* species), with a particular emphasis on extraction methods, optimization tactics, influencing variables, analytical techniques, and prospective uses. The review will cover a variety of extraction-related topics, such as plant material selection, extraction methodologies, parameter optimization, allantoin extract characterisation, and use in pharmaceutical, cosmetic, and dermatological applications.

### **Biological and Chemical Background:**

Allantoin is a naturally occurring chemical found in a variety of plants, animals, and microbes that is well-known for its broad biological and medicinal activities. Chemically, it is a diureide of glyoxylic acid with the formula  $C_4H_6N_4O_3$ . Allantoin has received a lot of attention in medicine, cosmetics, and pharmaceuticals because of its outstanding healing, anti-inflammatory, moisturizing, and antioxidant capabilities.

One of allantoin's primary biological activities is to promote wound healing and tissue restoration. Allantoin promotes cell proliferation, collagen formation, and angiogenesis, which speeds up the regeneration of injured tissues. It works as a keratolytic agent, removing dead skin cells and encouraging the growth of new, healthy tissue. Allantoin has been shown in studies to be useful for healing a variety of wounds, including burns, cuts, abrasions, and ulcers. Its wound-healing capabilities make it an excellent component for topical formulations and wound care products.

Furthermore, allantoin has strong anti-inflammatory properties, which contribute to its therapeutic advantages in treating inflammatory skin disorders. It reduces the production of pro-inflammatory cytokines including IL-1 and TNF- $\alpha$ , and inhibits the activation of inflammatory pathways like NF- $\kappa$ B. Allantoin reduces inflammation, which helps ease symptoms of inflammatory skin illnesses such as acne, eczema, psoriasis, and dermatitis. Its anti-inflammatory characteristics make it very effective for calming inflamed and sensitive skin.

In addition to its wound-healing and anti-inflammatory qualities, allantoin works as a moisturizer and humectant, improving skin moisture and barrier function. It attaches water molecules to the skin's surface, increasing moisture content while decreasing transepidermal water loss (TEWL). Allantoin also enhances skin suppleness and smoothness by encouraging exfoliation and boosting the skin's natural moisturizing factors (NMFs). Allantoin's moisturizing characteristics make it a perfect element in skincare products that hydrate and nourish the skin, especially for people who have dry, rough, or damaged skin.

Furthermore, allantoin has antioxidant properties, which protect the skin from oxidative stress and environmental damage produced by free radicals. It scavenges reactive oxygen species (ROS) and neutralizes damaging chemicals that cause skin aging, including superoxide radicals, hydroxyl radicals, and lipid peroxides. Allantoin reduces oxidative damage, which helps prevent premature aging, fine lines, and wrinkles, retaining the skin's young look. Its antioxidant capabilities make it an important ingredient in anti-aging skincare and sun care products.

Beyond its cosmetic advantages, allantoin has been investigated for possible medicinal uses in a variety of medical problems. It has been studied for its anti-inflammatory properties in inflammatory bowel disease (IBD), where it may assist to relieve symptoms and decrease inflammation in the gastrointestinal system. Furthermore, allantoin has been examined for its wound-healing capabilities in diabetic ulcers, where it may enhance quicker healing and minimize the risk of problems associated with poor wound healing in diabetes patients.

### **Extraction methods:**

Allantoin is isolated from various sections of wild onions, including bulbs, roots, and leaves, using a variety of extraction procedures. Solvent extraction, ultrasound-assisted extraction, and enzymatic hydrolysis are some of the procedures used. Each approach has various benefits in terms of efficiency, yield, and selectivity. Here's an overview of these extraction methods:

#### **Solvent Extraction:**

- Solvent extraction is a popular approach for obtaining allantoin from wild onions. To extract allantoin and other bioactive chemicals, chopped or powdered plant material is combined with a suitable solvent (for example, water, ethanol, or methanol).
- The mixture is agitated or refluxed to transfer allantoin from plant material to solvent. Solvent extraction produces a concentrated extract with allantoin by evaporating the solvent under reduced pressure or rotary evaporation. This method allows for flexible solvent selection and optimization to maximize yield.

**Ultrasound-Assisted Extraction (UAE):**

- Ultrasound-assisted extraction uses high-frequency waves to promote mass transfer and disturb plant cell structures, improving extraction efficiency.
- In the UAE, plant material is submerged in a solvent, and ultrasonic waves are used to stimulate the production of allantoin and other bioactive substances.
- Ultrasound's cavitation impact helps break down cell walls and enhance extraction efficiency, resulting in greater allantoin yields. When compared to traditional procedures, the UAE is noted for its quick extraction kinetics, lower solvent consumption, and higher extraction efficiency.

**Enzymatic Hydrolysis:**

- Enzymatic hydrolysis is the process of breaking down complex polysaccharides and proteins in plant material using enzymes to release additional substances of interest, such as allantoin.
- Depending on the target components and the type of the plant material, different enzymes are used, such as cellulases, hemicellulases, or proteases. To enable the enzymatic breakdown and extraction of allantoin, the enzyme-treated plant material is incubated under carefully regulated conditions.
- Enzymatic hydrolysis minimizes the destruction of heat-sensitive molecules while providing selectivity and specificity in aiming at the desired chemicals.

These extraction methods provide flexible ways to separate allantoin from wild onions, and each has special benefits with regard to effectiveness, sustainability, and selectivity. Based on variables such as the target molecule, properties of the plant material, extraction efficiency, and scalability for industrial applications, researchers can select the best approach. The quantity and quality of allantoin extracts from wild onions can also be improved by optimizing the extraction parameters and process conditions.

**Application and future perspective:**

Due to its exceptional medicinal qualities, allantoin derived from wild onions is used in a wide range of sectors, including dermatology, cosmetics, and pharmaceuticals. An examination of its uses in each of these domains is provided below:

**Pharmaceuticals:**

**Wound Healing:** Allantoin is useful in wound care products because of its capacity to promote tissue regeneration and cell proliferation. It is added to topical formulations to promote quicker healing and lower the risk of infection in wounds, burns, abrasions, and ulcers.

**Anti-inflammatory:** Because allantoin has strong anti-inflammatory properties, it can be used to treat inflammatory diseases such as dermatitis, arthritis, and inflammatory bowel disease (IBD). It aids in reducing inflammation-related pain, swelling, and discomfort.

**Skin Conditions:** Due to its calming and moisturizing qualities, allantoin is helpful in treating a number of skin conditions, including as acne, eczema, and psoriasis. It helps improve the general state of the skin by reducing inflammation, redness, and itching.

### **Cosmetics:**

**Skincare Products:** Because of its moisturizing, softening, and smoothing properties, allantoin is frequently used as a component in skincare products such lotions, creams, serums, and moisturizers. It lessens dryness and roughness, improves the texture of the skin, and hydrates the skin.

**Anti-aging Formulations:** Allantoin is useful in anti-aging skincare formulations due to its antioxidant qualities. It helps shield the skin from free radical-induced oxidative damage, which lessens the visibility of wrinkles, fine lines, and other aging symptoms.

**Hair Care Products:** To strengthen hair follicles, improve the condition of the scalp, and improve the texture of the hair, allantoin is added to shampoos, conditioners, and hair masks. It supports healthier, more vivid hair, lessens dandruff, and nourishes the scalp.

### **Industrial Applications:**

**Oral Care Products:** Because allantoin has anti-inflammatory and wound-healing qualities, it is used in mouthwash and toothpaste. It supports the regeneration of gum tissue, reduces gum inflammation, and improves dental health.

**Veterinary goods:** Allantoin is used in veterinary goods to treat cuts, wounds, and dermatitis, among other skin disorders in animals. It relieves skin irritation in animals and pets and speeds up the healing of wounds.

In conclusion, there are several uses for allantoin derived from wild onions in the fields of dermatology, cosmetics, and medicines. Due to its many therapeutic uses, it is a useful component of many products that support wound healing, skin health, and general wellbeing. Allantoin's uses are anticipated to grow as study on the substance progresses, presenting fresh chances for creativity and advancement across a range of industries.

**Multidisciplinary Research:** To improve the extraction and use of allantoin from natural sources, cooperation between scientists in several disciplines, including chemistry, biology, engineering, and materials science, is crucial. New extraction methods, formulations, and applications can be developed via innovation and the integration of knowledge and experience from many fields.

### **Conclusion:**

To sum up, the process of extracting allantoin from wild onions is a noteworthy undertaking that holds potential benefits for a range of businesses. Naturally present in wild onions, allantoin has a variety of medicinal benefits, such as the ability to heal wounds and reduce inflammation. It also has moisturising and antioxidant qualities. In addition to maximizing the potential of this bioactive substance, extracting allantoin from wild onions supports waste valorisation, environmentally friendly product creation, and sustainable agriculture.

In conclusion, the extraction of allantoin from wild onions has enormous potential to solve issues related to global health, encourage sustainable agriculture, and spur innovation across a range of businesses. Through the utilization of allantoin's therapeutic potential and the progress made in extraction technologies, scientists can create new therapies, environmentally friendly goods, and long-term solutions that will benefit both people and the environment.

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