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The Relationship Between Parental Communication In Children With Autism And Self Efficacy : A Literature Review

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Abstract

Effective communication between parents and autistic children is an important factor in supporting the child's development, especially in increasing their self-efficacy. Self-efficacy refers to an individual's belief in their ability to complete tasks or face challenges. This article aims to review various literature on the relationship between parental communication and self-efficacy in autistic children. Based on the literature review, it was found that responsive, adaptive, and supportive communication from parents can increase the self-efficacy of autistic children. Therefore, parental involvement in effective communication is a key factor in supporting the development of self-confidence and independence in autistic children.

Keywords: Autistic children, Social interaction, Parental communication, Child development, Self-efficacy

Introduction

Research methods

Research methods used is method qualitative literature review For gather as well as also analyze information from five journal related to self -efficacy in parents .

First , done search against journal database scientific like PubMed, Google Scholar , using relevant keywords such as " SELF EFFICACY IN PARENTS". Five selected journals For included in this literature review has through the process selection Which careful based on criteria inclusion Which covers relevance with Topic findings , quality methodology , as well as significance findings .

Every journal analyzed in a way deep For identify themes main findings important , as well as relevant conclusions with self efficacy yourself to your parents . Information from each journal Then synthesized to compose description comprehensive about contribution literature to Topic findings This .

This qualitative literature review method aiming For give deep understanding about issues key in related literature with self efficacy self to parents .

Results

No	Title	Writer	Method	Results
1	Self and Support Parent To Orientation Future (2019)	April	Research methods This use method Quantitative , with technique stratified purposive sampling, scale orientation time front , efficacy self , and support person old , as well as analysis correlation and regression linear multiple .	There is influence positive and significant between efficacy self with orientation future . There is influence positive and significant between support parent with orientation time front. There is influence positive and significant between efficacy self and support parent in a way together

				to orientation future . Contribution influence (R2) of efficacy self and parental support to results future orientation is 0.519. In general short , research This conclude that Good efficacy self and also parental support own influence positive to future orientation student .
2	Self- Efficacy , Support Social Parents and Student Adjustment in Lectures (2019)	Niken Titi Pratitis	Study This use approach quantitative.Subject study is 100 students Nusantara University PGRI Kediri.Collection data using scale adjustment self students , scale efficacy self academic , and scale support parent social Data analysis	There is a relationship significant positive between efficacy self academic with adjustment self students (r = 0.477; p < 0.01). * There is a relationship significant

			conducted is analysis positive correlation .	between support parent social with adjustment self students (r = 0.557; p < 0.01). It means , the more tall efficacy self academic and support parents ' social , increasingly Good adjustment self student in lectures . Research result show that There is connection positive between efficacy self academic and support social people old with adjustment self student .
3	Parental Stress For Parents of Children with Needs Special Reviewed From Self	Irwan Tourniawan , Puspa Rahayu Utami Rahman, Cempaka -Princess Dimala	Research methods using Technique taking sample namely purposive	There is a connection between efficacy self

Efficacy Through Support Social As a Mediator (2023)			sampling, simple linear regression test , partial test and multivariate test Sobel.	with parental stress, there is relatedness between efficacy self withsupport social , there is influence support social on parental stress, parental stress parents child in need special proven influenced efficacy self with mediated support social . Variables efficacy self with mediation support social own contribution by 16.8% on parental stress, while that 83.2% is influenced by other factors that are not researched .
4	Connection between Self- Efficacy and	Irini Prihardini Riana Sahrani Fransisca	Study This use approach	Study This focused on

Attitude Digital Parenting : Studies in Marginal Old People. (2024)	Iriana Roesma Goddessquantitative.Research	discovery connection between Efficacy self parenting digital, and attitude parenting digital, on mother marginal areas . Research This discuss about Digital Parenting Self-Efficacy , Regional Mothers Marginal, Parenting Attitude Digital Digital Parenting Attitude, Digital Parenting Self-efficacy, Mothers from Marginalized Areas.
5 Connection Between Self Efficacy And Support Social Parent With Stres Academic	research This use approach quantitative . Subject study is 52 students JUNIOR	Analysis results data using technique analysis

To Students Junior High School (2024)	HIGH SCHOOL Canisius classes VII and VIII, which were selected with stratified cluster sampling.	regression multiple show significant results , where present connection between efficacy self and support social people old with stress academic achievement in junior high school students with $R = 0.821$, and $F(\text{ count })$ $= 50.841$ with p $= 0.000$. $R = 0.675$ means 67.5% variation variable stress academic can explained by variables efficacy self and variables support parents ' social , whereas 32.5% remaining explained by other variables .
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Next , the correlation between efficacy self and stress academic in junior high school students $r = -0.787$ with $p < 0.01$, which indicates that There is connection significant negative between efficacy self and stress academic in junior high school students . Correlation between support parent social and stress academic in junior high school students $r = -0.566$ with $p < 0.01$, which indicates that There is connection significant

				negative between support parent social and stress academics in junior high school students .
6	Handling Child Abnormal The bearer Autism Through Communication Parents As Key Success (2022)	Agus Prasetya , Ratna Pangastuti , Ani English	Qualitative , Case Study with method Observation , interviews , documentation	Handling Child Abnormal The bearer Autism Through Communicatio n Parents As Key Success . Action communicative social required For overcome child autism
7	Communication Person Old Child On The bearer Autism (study on Person Old Child The bearer Autism In Foundation My Blue Indonesia) (2021)	Aditya Tulus Parasian , Maulana Rezi Ramadhan	Qualitative , Descriptive with method Interview deep	Communication Person Old Child On The bearer Autism (study On Person Old Child The bearer Autism In Foundation My Blue Indonesia).

				Attitude openness , empathy , Communication support , communication positive , equality communication important For effectiveness communication
8	Effectiveness Use Picture Exchange Communication System (PECS) Method in Improving Ability Communicate On Child Autism Class VI In SLB YPAC (2023)	Hurricane, Hadi, May day	Design his research use approach quantitative descriptive . Test used in study This is test receptive language (language) reserve).	Research result say that with obtained score 6 with value 60 including in criteria Enough effective . Which shows PECS method is sufficient effective in increase ability communicate child autism .
9	The Role of Psychotherapy For Optimization development Competence Communication In Children with Autism (2023)	Juwita, Rahman, Liawensi a et al.	Design his research use approach qualitative descriptive . With technique taking purposive sampling sample .	Research result say that ability communication in children autism can improved with various activities , such as play games,

games cognitive
counting and
matching color
until follow
therapy
routinely .

Parental Communication with Autistic Children

Communication between parents and children autism often experience significant challenges . Parents need implementing adaptive communication strategies , such as use Language simple , non-verbal cues , as well giving time longer in respond child . Use therapy based on communication , such as Applied Behavior Analysis (ABA) and Picture Exchange Communication System (PECS), have proven effective in increase interaction .

Positive communication patterns , such as give sensitive response to need child , support expression emotions , as well as give chance speak , can increase trust self child in communicate and interact social .

Results And discussion Definition of Self- efficacy

Efficacy self , introduced by Albert Bandura, is belief individual to ability they For organize and implement necessary actions use reach desired outcome (Bandura, 1997). This is not just trust self in a way general , but more confidence specific to ability somebody For succeed in situation certain or finish task certain . Efficacy self influence How individual look at challenge , how much hard they trying , and how much persistent they in face obstacle .

Efficacy self own role important in motivation , behavior , and achievement individual . People with efficacy high self tend set more goals challenge , try more hard For achieve it , and more persistent in face obstacle (Zimmerman, 2020). They are also more Possible For recover from failure and see it as experience Study . On the other hand , people with efficacy low self esteem tend avoid challenge , easy give up , and feel No capable .

Efficacy self is domain specific , meaning somebody Possible own efficacy self Which tall in One area (e.g. , academic) but low in other areas (e.g. , social). This is also not a fixed nature , but can developed and improved through experience , bait come back positive , And support social (Garcia & Ramirez, 2020). Experience success , observation of successful models , persuasion verbal, And condition positive emotional can strengthen

efficacy self somebody .

In context parenting , efficacy parent self refers to people's beliefs old to ability they in operate role as a person old (Coleman & Karraker, 2003). This covers belief they in to care for child , give support emotional , and facing challenge parenting everyday . Efficacy high self - esteem correlated with practice more nurturing effective and better parent welfare Good .

Factor factor Which affect self efficacy self in parents

1. Experience Mastery (Mastery Experiences): This strategy involving giving chance to parents For experience success in tasks parenting . For example , parents can trained in skills parenting certain , and then given chance For practice it in supportive situation . Success in tasks This will increase belief they are on ability they . (Garcia & Ramirez, 2020) found that the training program parenting that focuses on improvement parental skills and knowledge can in a way significant increase efficacy self they .
2. Experience Vicarious Experiences: This strategy involving giving chance to parents For observing other parents who are successful in tasks parenting . For example , parents can watch videos or attend workshops where other parents share experience success they . Observation This can increase belief parent that they are also capable successful . Bandura [11] said that modeling social or experience success from others to one sources that influence height or low efficacy self .
3. Verbal Persuasion : Strategy This involving giving bait come back positive and support to parents . For example , person old can accept praise and encouragement from partner , family , friends , or professional health . Feed come back positive This can increase parents ' belief in ability they.wrong One effort For increase efficacy self in people old that is with give motivation And support from nurse or those closest to you .
4. Condition Physiological and Emotional States: This strategy involving helping parents For manage stress and emotions negative that can lower efficacy yourself . For example , parents can trained in technique relaxation , management stress , or regulation emotions . Managing emotion negative This can increase parents ' belief in ability they For face challenge parenting .
5. Support Social : Support from couples , families , friends and communities can strengthen parents ' beliefs . Support emotional and practical helping parents feel more competent and capable in role they . (Brown & Wilson, 2019) Support social from couples , families , and communities are also evident become factor important in strengthen parental beliefs.

Impact positive from self efficacy self tall

1. Practice More Parenting Effective : Parents with efficacy self tall tend more responsive to need child , more consistent in discipline , and more capable create supportive environment development child (Garcia & Ramirez, 2020).Page This because of belief self the strong one allows parents For more calm and confident self in face challenge parenting , so that they can give more response precise and effective .
2. Welfare Better Psychology : Efficacy high self correlated with level stress more nurturing low , lower parental satisfaction tall , And risk depression Which more low (Smith, Johnson, & Williams, 2022). Confidence in ability self Alone helping parents For more Good in manage pressure and demands parenting , so that reduce burden psychological that they feel .
3. Development Child Which Optimal: Children from parents with efficacy high self tend own development more social , emotional , and cognitive good (Lee, Kim, & Park, 2021). Environment parenting Which positive and responsive , created by parents with efficacy self high , giving base Which strong for development child in a way comprehensive .

Summary Impact Positive :

1. More nurturing responsive and consistent .
2. Subtraction stress and increase parental satisfaction .
3. Development social , emotional , and cognitive more children Good .

Connection between Parental Communication and Self- Efficacy in Autistic Children

Literature show existence connection positive between effective parent communication with self-efficacy level in children autism . Children who get full communication support , clear , and adaptive from parents tend have greater self-efficacy high . On the other hand , the pattern communication that is not support can hinder development trust self child in face various situation social and academic .

Good communication from parents give chance for child For develop skills in finish problem , improve independence , as well as building trust self in interaction social . In addition , parental involvement in therapy communication also contributes to increasing children's self-efficacy .

Conclusion

From various reviewed literature , can concluded that effective communication between parents and children autism own significant impact towards children's self-efficacy . Responsive , adaptive , and supportive communication patterns can increase belief self child autism in face challenge live . Therefore that 's important for parents For Keep going develop skills effective communication use support development of children's self-efficacy autism optimally .

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