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ACTINOMYCES GRAEVENITZII PULMONARY ACTINOMYCOSIS AT IBN ROCHD UNIVERSITY HOSPITAL CENTER, CASABLANCA (ABOUT TWO CASES)

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Abstract

Pulmonary actinomycosis is a rare, often under-diagnosed, chronic indolent infection caused by Actinomyces species, a Gram-positive anaerobic bacterium. Only a limited number of cases have been published in the literature describing pulmonary infections caused by Actinomyces graevenitzii. The aim of our work is to report two cases of pulmonary actinomycosis caused by A. graevenitzii, a species isolated for the first time in our laboratory, and to determine the contribution of mass spectrometry (MALDI-TOF/MS) in its identification.

CASE PRESENTATION

1- Mr S.O, aged 61, presented to the Pneumology Department at the Ibn Rochd University Hospital in Casablanca with chest pain and a progressive dry cough, evolving in a context of apyrexia and a decline in general condition for 4 months. His medical history included chronic smoking and alcoholism.

Chest CT images revealed multiple cystic lung lesions, with peribroncho-vascular thickening in the right upper lobe associated with micronodules and scissural thickening. A. graevenitzii was isolated from the culture of a bronchial aspirate, performed by flexible bronchoscopy, and identified by mass spectrometry (MALDI-TOF). The patient began antibiotic treatment with Amoxicillin Clavulanic Acid 1 gram three times daily by mouth for 3 weeks. His clinical condition improved. He was discharged on oral amoxicillin clavulanic acid with a consultation appointment within 2 months.

2- Mrs D.F, aged 55, presented to the Pneumology Department at the Ibn Rochd University Hospital in Casablanca with dyspnoea and chest pain, all of which had been evolving in a context of apyrexia and asthenia for 2 months. Her medical history included hypothyroidism treated with Levothyrox and pulmonary and hepatic chydatisosis. She was admitted to hospital with multiple diffuse cystic pulmonary lesions associated with a mixed image of the right upper lobe on chest CT.

A bronchial aspiration was performed by flexible bronchoscopy, and the culture was positive for A. graevenitzii, which was identified by mass spectrometry (MALDI-TOF/MS). The patient received the same treatment as our first patient and her clinical condition improved.

In order to make a proper diagnosis of pulmonary actinomycosis, it is important to emphasise the role of bronchoscopy in obtaining a good quality sample and the role of MALDI-TOF/MS in identifying A. graevenitzii.

Keywords: PULMONARY ACTINOMYCOSIS, GRAEVENITZII ACTINOMYCES, ANAEROBIA, BRONCHOSCOPIA, BRONCHOALVEOLAR WASHING, AMOXICILLIN

INTRODUCTION

Pulmonary actinomycosis is a rare, indolent, slowly progressive disease that accounts for 15-20% of actinomycosis cases. It is a widespread, suppurative, granulomatous bacterial infection caused by an anaerobic Gram-positive bacterium *Actinomyces spp.* Actinomycosis is often underdiagnosed and appropriate treatment is delayed due to the non-specificity of the clinical and radiological signs of the disease on the one hand, and the difficulty of identifying the bacterium from clinical samples on the other.(1)

A number of *Actinomyces* species have been described, and phylogenetic studies using 16S ribosomal RNA sequencing have shown that there are over 30 species in the *Actinomyces* genus, six of which are generally considered to be pathogenic to humans: *Actinomyces israeli*, *Actinomyces gerencseriae*, *Actinomyces naeslundii*, *Actinomyces odontolyticus*, *Actinomyces viscosus* and *Actinomyces meyeri*(2). However, only a small number of cases have been published describing pulmonary infections due to *Actinomyces graevenitzi*(3).

The aim of our work is to report two cases of pulmonary actinomycosis caused by *Actinomyces graevenitzi*, a species isolated for the first time in our Laboratory, and to determine the role of mass spectrometry (MALDI-TOF/MS) in identifying this species.

CASE PRESENTATION

- Case N°1 : Mr. S.O, aged 61, presented to the Pneumology Department at Ibn Rochd University hospital center (UHC) in Casablanca, with progressive chest pain, dry cough and headache, evolving in a context of apyrexia and declining general condition for 4 months, with no other associated signs, notably no haemoptysis, His medical history includes : smoking (15 packs/year) chronic alcoholism and hashish consumption, The patient does not have any other infections, chronic or allergic diseases. He was hospitalized for multiple bilateral balloon release lung lesions associated with a left cerebral lesion with mass effect.

On admission, the patient was afebrile, tachycardic (105 beats per minute) and normopneic (17 breaths per minute), blood pressure (12/9 mmHg) and oxygen saturation (SpO₂ 99%, measured by pulse oximetry while breathing room air) were normal. Examination of the oral cavity revealed poor oral hygiene. Pleuropulmonary and cardiovascular examinations were unremarkable. The abdomen was tender, and there was no organomegaly. No abnormalities were noted on neurological examination.

C-reactive protein (CRP) was elevated (68mg/L), and other laboratory tests were unremarkable, including blood count, renal and liver function tests, and haemostasis. Repeated cytobacteriological examination of sputum was negative.

Thoracoabdomino-pelvic computed tomography (CT) images revealed multiple cystic pulmonary lesions, with peribronchovascular thickening in the right upper lobe associated with micronodules and scissural thickening. The search for Mycobacterium tuberculosis in sputum by Bacilloscopy and Culture on Lowenstein-Jensen medium, as well as Polymerase Chain Reaction (PCR) were negative. Cerebral Magnetic Resonance imaging MRI revealed a 35mm frontal nodular lesion, and another extra-axial frontal lesion enhanced after injection of contrast agent probably related to cerebral actinomycosis. Flexible bronchoscopy showed extensive inflammation localized in the dorsal and apical segments of the right lower lobe, with pus flowing from

both origins.

A bronchial aspiration was performed on our patient, whose culture under anaerobic conditions on blood agar supplemented with Colistin and dioxidacetic acid (CNA) was positive after 96 hours incubation at 37° (figure 1).

Colonies were small, whitish and rough, and Gram staining revealed slightly curved, coryneform Gram-positive bacilli (Figure 2) that did not produce catalase. Identification of the *A. graevenitzi* species was carried out by MALDI-TOF MS (Matrix-Assisted Laser Desorption/Ionisation). These results indicated that our patient's lung lesion was caused by *A. graevenitzi*.

After identification of the species, the patient began antibiotic treatment with Amoxicillin Clavulanic Acid 1 gram three times a day orally for 3 weeks. The patient's clinical condition has significantly improved and CRP levels normalized (0.99 mg/L), although lung lesions on chest CT were not significantly resolved. The patient was discharged on oral amoxicillin clavulanic acid with a consultation appointment in 2 months.



Figure 1: Blood agar culture of *A. graevenitzi* isolated from bronchial aspirate from 1st patient.

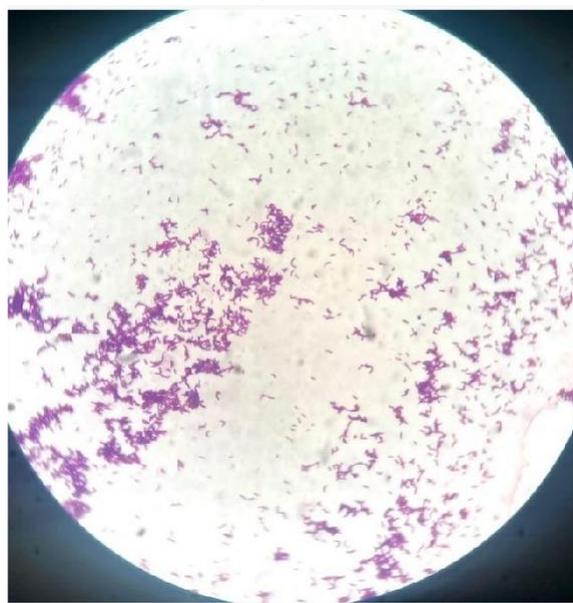


Figure 2: Gram stain from bronchial aspirate culture of 1st patient.

2- Mrs D.F, aged 55, presented to the Pneumology Department at Ibn Rochd UHC in Casablanca with dyspnoea and chest pain, evolving in a context of apyrexia and asthenia for 2 months, with no other associated signs. The patient's medical history included Hypothyroidism treated with Levothyrox and pulmonary and hepatic Hydatidosis, with no other particular history. She was admitted to hospital with multiple diffuse cystic pulmonary lesions associated with a mixed image of the right upper lobe on Thoracic CT.

On admission, the patient was afebrile, tachycardic (92 beats per minute) and tachypneic (24 breaths per minute), blood pressure (10/6 mmHg) and SpO₂ (98%, measured by pulse oximetry while breathing room air) Performans status (0) were normal. Pleuropulmonary and cardiovascular examinations were unremarkable. The abdomen was tender with no hepatomegaly or splenomegaly. Examination of the oral cavity revealed poor oral health. The rest of the clinical examination was unremarkable.

A biological assessment was requested: CRP (C-reactive protein), complete blood count, renal and

hepatic function tests, and coagulation profile were normal. Sputum cytobacteriological examination was negative.

The search of *Mycobacterium tuberculosis* in sputum by Bacilloscopy, culture on Lowenstein-Jensen medium and PCR were negative. Tests for *Echinococcus granulosus* scolex and hooks in bronchial aspirate and hydatid serology were negative.

Flexible bronchoscopy showed hypervascularization of the bronchial mucosa, enabling bronchial aspiration to be performed in our patient, whose culture under anaerobic conditions on CNA blood agar incubated at 37°C was positive after 120 hours. Colony appearance and Gram staining of the culture (Figure 3) were identical to those of the first patient. Mass spectrometry (MALDI-TOF/MS) was used to identify *A. graevenitzi*.

Once the causative agent had been identified, the patient began antibiotic treatment with Amoxicillin Clavulanic Acid 1 gram three times a day orally for 1 month. The patient has shown marked improvement in clinical status, although the radiological lesions had not been significantly reabsorbed, and she was discharged on oral amoxicillin-clavulanic acid with a consultation appointment in 2 months.



Figure 3: Gram stain from bronchial aspirate culture of 2nd patient.

DISCUSSION

We are currently uncovering an increasing number of instances of pulmonary actinomycosis, despite the fact that the clinical presentations and imaging characteristics exhibit a lack of specificity. There are few reports of pulmonary infection by *Actinomyces graevenitzi* first described in 1997 by Ramos et al. on human clinical specimens (three respiratory and one bone specimen). (8) In the present study, we describe two cases of pulmonary infection due to this species diagnosed by microbiological identification using time-of-flight laser desorption/ionization mass spectrometry (MALDI-TOF/MS). Following targeted antibiotic treatment, the clinical symptoms and imaging results

of four two patients improved progressively (3).

Actinomycosis is a chronic granulomatous disease caused by *Actinomyces* species. *A. israelii* is the species most frequently reported in human infections. *A. graevenitzi* is a Gram-positive facultative anaerobic bacterium belonging to the human commensal flora of the oropharynx, and colonizing the distal part of the human esophagus (9), this species isolated almost exclusively from oral or respiratory sites may have a unique ability to cause clinical actinomycosis. Indeed, *A. graevenitzi* has been identified as a causative agent in pulmonary actinomycosis (9). Although little is known about its clinical prevalence and pathogenic potential, its frequency of isolation from clinical samples is increasing. (3)

The pathogenesis of *A. graevenitzi* pulmonary actinomycosis remains uncertain, but aspiration of oropharyngeal secretions represents the main source of this infection. In addition, poor oral hygiene, pre-existing dental disease, alcohol abuse, chronic lung diseases such as emphysema, chronic bronchitis, bronchiectasis (3), hematogenous spread or direct dissemination from local infections are other risk factors. (9) Given that the infection can spread to adjacent tissues without respect for normal anatomical barriers, leading to invasion into the pleura, thoracic wall, or surrounding bone structures, complicated by the formation of fistulas and abscesses (9), characterized by small yellow grains or « sulfur granules » measuring 2 to 3 mm in diameter (7).

In our study, the first patient was a chronic smoker and alcoholic with a poor oral condition, the second patient also had poor oral hygiene in addition to a cystic parasitic infection, Pulmonary Hydatidosis. According to cases in the literature, one patient had dental caries and was an alcoholic (2), another case had periodontitis (3), and a third case suffered from a septic oral infection with several teeth missing (10). Actinomycosis can occur in both immunocompetent and immunodeficient individuals (9). Cohen R D et al. described a case of pulmonary actinomycosis associated with Infliximab treatment of Crohn's disease (11). A case of disseminated co-infection with *A. graevenitzi* and *Mycobacterium tuberculosis* has also been reported (12). In addition, S Gliga et al. reported a case of pulmonary infection with *A. graevenitzi* in an immunocompetent patient (1).

The clinical manifestations of *A. graevenitzi* pulmonary actinomycosis are often non-specific, represented by fever, cough, dyspnea or chest pain. (3) According to the literature, the typical clinical presentation of *A. graevenitzi* infection is cervico-facial actinomycosis. However, pulmonary localization may occur in 20-40% of cases (4).

Imaging findings of pulmonary actinomycosis caused by *A. graevenitzi* may present with different aspects such as a mass, nodules, patchy infiltrates, segmental consolidation of the airspace, or cavitation. On computed tomography, the presence of low central density within a parenchymal consolidation, associated with adjacent pleural thickening, is characteristic (3). This presentation constitutes a differential diagnosis with pulmonary cancer, tuberculosis, coccidioidomycosis or atypical pneumonia (3).

A. graevenitzi is a facultative anaerobic filamentous bacterium of the order Actinomycetales belonging to the class Actinomycetes, family Actinomycetaceae and genus *Actinomyces* (Figure 4), characterized by Catalase, Urease, Nitrate reductase, esculin hydrolysis, negative beta-hemolysis, ferments sucrose, and appears as a 0.4 to 1.0 µm gram-positive bacillus, straight, curved or pleomorphic, isolated or grouped in pairs, clusters or short chains. It is an intracellular, non-acid-resistant germ, immobile, does not form endospores and grows well in blood medium on Columbia agar enriched with 5% of horse blood, optionally

supplemented with nalidixic acid or containing sodium carbonate (1). Cultures incubated at 37° and maintained anaerobically are examined after 2 days. *A. graevenitzi* has a faster growth time (48 h and 96 h) than other *Actinomyces* species, up to three weeks (2). This characteristic may explain its different clinical presentation from that of other *Actinomyces* species. (1)

On culture, colonies appear opaque, white, rough and irregular, with a central crater. On agar, examination of young colonies shows branched filaments (4). The failure of bacterial culture in actinomycosis caused by *A. graevenitzi* could be due to several factors in common with other *Actinomyces* species, including: actinomyces growth requiring strict anaerobic conditions, the predominance of saprophytic flora which inhibits actinomyces culture, or imperfect sampling such as failure to observe asepsis, transport in an aerobic environment, lack of orientation on the part of the bacteriologist, or previous use of antibacterial treatment. Bacteriological diagnosis is certainly difficult, but its cost-effectiveness can be improved by sampling under good aseptic conditions, rapid transport in an anaerobic environment and a specific request to the laboratory (4).

For the identification of *A. graevenitzi*, bacterial cultures and histopathological features of biopsy specimens are essential for diagnosis. However, it is difficult to confirm the presence of bacteria by culture due to prior antibiotic treatment, growth of concomitant organisms or inadequate conditions (13). Consequently, clear communication of suspected Actinomycosis with the microbiology laboratory is necessary. With the advancement of techniques, more and more bacterial identification methods are being used, such as PCR and 16S rRNA gene sequence analysis, next-generation sequencing (14), or MALDI-TOF/MS mass spectrometry. (2)

Long-term beta-lactam antibiotic therapy is required for patients with pulmonary actinomycosis. Intravenous administration of penicillin G is recommended for 2-6 weeks, followed by oral administration of penicillin V or amoxicillin for 6-12 months. Surgery may be required to drain large abscesses, marsupialize chronic sinus tracts and excise fibrous lesions (1).

According to an Italian study conducted by G. Facchin et al, published May 1, 2023, described 2 hematology patients with *A. graevenitzi* pneumonia, the first patient followed for bone marrow aplasia, the second followed for acute myeloblastic leukemia (AML). In both cases, the infection was diagnosed by bronchoalveolar lavage (BAL) culture with molecular identification by MALDI-TOF/MS. The first patient was treated with Amoxicillin Clavulanic Acid (1g/ 8h) and Isavuconazole 200 mg/d for 3 months with good clinical improvement. The second was treated with Amoxicillin-Clavulanic Acid for 4 months but died as a result of her haemopathy (5). Smaranda Gliga (2014) et al, described a case found in a 35-year-old male resident of France, *A. graevenitzi* was isolated from BAL and identified by Polymerase Chain Reaction (16S ribosomal DNA restriction fragment analysis), the patient was treated with Amoxicillin with good clinical improvement (1). Yuan Yuan et al, in China, reported the case of a 47-year-old patient presenting with mucopurulent sputum, dyspnoea and fever. After flexible bronchoscopy and bronchoalveolar lavage, *A. graevenitzi* was isolated. MALDI-TOF/MS was used for pathogen identification, the patient was put on Piperacillin Sulbactam for 10 days during hospitalization and then continued on oral Amoxicillin Clavulanic Acid for 3 months with good clinical improvement (2). Another Chinese study reported the case of a 75-year-old patient who presented with a dry cough and whose culture of *Actinomyces* from a BAL came back positive. The pathogen was identified by MALDI-TOF/MS and 16S rRNA sequencing. The patient was started on 6,000 IU ampicillin IV for 1 week, followed by 1.5g amoxicillin orally

for 2 months, with marked clinical improvement (3).

Case /Author/Year	Age /Sex	Comorbidities	CTSCAN Thoracic	Withdrawal purpose Diagnosis	Identification method	Treatment	Duration	Evolution
Case 1: G. Facchin (2023) (5)	44 years /F	Medullary aplasia	Lung condensation in the right upper lobe (posterior part)	Bronchoalveolar lavage	MALDI-TOF/MS	Amoxicillin clavulanic acid (1g/ 8h) and isavuconazole 200mg/d	3 months	Good improvement
Case 2: G. Facchin (2023) (5)	64 years /F	Acute myeloid leukemia	Lung nodule in the right posterior upper lobe	Bronchoalveolar lavage	MALDI-TOF/MS	Amoxicillin clavulanic acid (1g/ 8h)	4 months	Death following AML
Case 3: Smaranda Gliga (2014) (1)	35 yrs/M	No medical history	Excavation of the middle lobe	Bronchoalveolar lavage	PCR	Amoxicillin (6g)	6 weeks	Good improvement
Case 4: Yuan Yuan (2022) (2)	47 years /M	Smoking and chronic alcoholism		Bronchoalveolar lavage	MALDI-TOF/MS	Piperacillin-sulbactam (10 days) Amoxicillin-clavulanic acid	7 months	Good improvement
Case 5: Daisuke Himeji (2018) (3)	75 years /M	Chronic smoking, Guillain-Barré syndrome, Periodontitis	Excavation of the right upper lobe	Alveolar brushing and trans-bronchial biopsy	MALDI-TOF/MS and 16S rRNA sequencing	Ampicillin IV (6000 mg/1 week) then Amoxicillin (VO) (1.5g/day)	2 months	Good improvement
Our study: CASE1 (2023)	61 yrs/M	Smoking and chronic alcoholism, Drug use	Cystic lesions, peribronchovascular thickening of the right upper lobe	Bronchiectasis	MALDI-TOF/MS	Amoxicillin clavulanic acid 3g/d	1 month	Good improvement
CASE2 (2023)	55 years /F	Hypothyroidism, Pulmonary and hepatic hydatidosis	Diffuse cystic lesions of the right upper lobe	Bronchiectasis	MALDI-TOF/MS	Amoxicillin clavulanic acid 3g/d	1 month	Good improvement

Table 1: Cases of Actinomyces graevenitzi pulmonary actinomycosis reported in the literature.

CONCLUSION

For a proper diagnosis of pulmonary actinomycosis, it is important to note the role of bronchoscopy in obtaining a good-quality sample, and that of MALDI-TOF/MS in identifying *A. graevenitzii*. The overall mortality of patients suffering from pulmonary actinomycosis is more closely related to their terrain and history.

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